



SOFIA SMALLSTORM

CELL PHONE RADIATION, THE MACHINE MERGE, & GLYPHOSATE

PRESENTED BY THE HIGHERSIDE CHATS



LISTEN TO THE EPISODE AT THEHIGHERSIDECHATS.COM

LISTEN TO THE EXTENDED SHOW AT THEHIGHERSIDECHATSPLUS.COM

1
00:00:05,680 --> 00:00:02,790

[Music]

2
00:00:08,169 --> 00:00:05,690

congratulations YouTube you did it you

3
00:00:10,660 --> 00:00:08,179

wore me down and you sucked me back in I

4
00:00:13,270 --> 00:00:10,670

have too many subscribers here just to

5
00:00:15,789 --> 00:00:13,280

walk away entirely especially with no

6
00:00:18,009 --> 00:00:15,799

alternative that truly stacks up and so

7
00:00:21,399 --> 00:00:18,019

many copycat channels uploading my shows

8
00:00:24,579 --> 00:00:21,409

for me anyway but we can't forget the th

9
00:00:26,409 --> 00:00:24,589

C's account here is on thin ice and so

10
00:00:29,290 --> 00:00:26,419

the YouTube version of the show has to

11
00:00:32,200 --> 00:00:29,300

be prefaced with this little PSA only to

12
00:00:33,369 --> 00:00:32,210

say that episodes that contain the kinds

13
00:00:35,889 --> 00:00:33,379

of themes that have been regularly

14

00:00:38,709 --> 00:00:35,899

banned on YouTube will not appear here

15

00:00:40,660 --> 00:00:38,719

and even with that precaution there's

16

00:00:42,939 --> 00:00:40,670

already enough in the archive to get us

17

00:00:45,310 --> 00:00:42,949

removed so remember that the higher side

18

00:00:48,160 --> 00:00:45,320

chats could be banned or put in timeout

19

00:00:50,200 --> 00:00:48,170

again at any time and I won't be able to

20

00:00:52,000 --> 00:00:50,210

tell you guys about it so if you feel

21

00:00:53,500 --> 00:00:52,010

like it's been too long since you've

22

00:00:56,590 --> 00:00:53,510

heard from me here on this digital

23

00:00:59,410 --> 00:00:56,600

dystopian draconian data-mining monster

24

00:01:00,910 --> 00:00:59,420

of a police state seeking platform your

25

00:01:03,180 --> 00:01:00,920

first step should be to check the higher

26

00:01:12,190 --> 00:01:03,190

side chats calm for the latest shows

27

00:01:13,870 --> 00:01:12,200

alright alright enjoy my my good people

28

00:01:15,789 --> 00:01:13,880

of the Internet it looks like christmas

29

00:01:18,039 --> 00:01:15,799

is finally here and i got some of my

30

00:01:20,440 --> 00:01:18,049

guests here to help me help you spread a

31

00:01:22,630 --> 00:01:20,450

little holiday love and good luck oh

32

00:01:24,429 --> 00:01:22,640

well I know your attire says yes we

33

00:01:25,870 --> 00:01:24,439

couldn't be more giddy about it and why

34

00:01:27,789 --> 00:01:25,880

not celebrate the corporate driven

35

00:01:30,190 --> 00:01:27,799

season of spending with a gift that oh

36

00:01:31,749 --> 00:01:30,200

so ironically spits right in the face of

37

00:01:33,639 --> 00:01:31,759

the Christmas machine with the sweet

38

00:01:35,620 --> 00:01:33,649

sweet softness of a t-shirt for the

39

00:01:36,999 --> 00:01:35,630

rebellious fashionista in your life for

40

00:01:39,730 --> 00:01:37,009

my little clothing brand over at

41

00:01:41,649 --> 00:01:39,740

conspiracies net this is one of the most

42

00:01:44,410 --> 00:01:41,659

degrading things that anyone could

43

00:01:46,179 --> 00:01:44,420

possibly do thanks Friedman or better

44

00:01:47,859 --> 00:01:46,189

yet give them the gift that gives all

45

00:01:50,230 --> 00:01:47,869

year long with the subscription of THC

46

00:01:52,090 --> 00:01:50,240

plus for one of your oh so precious

47

00:01:57,130 --> 00:01:52,100

friends and family I know that's what

48

00:01:58,840 --> 00:01:57,140

Jim Marrs is doing right man well guys

49

00:02:01,779 --> 00:01:58,850

this is not constructive Duncan Trussell

50

00:02:03,910 --> 00:02:01,789

will help me out here if I were sane

51
00:02:05,800 --> 00:02:03,920
the first idea I'd want to implant into

52
00:02:07,510 --> 00:02:05,810
their heads okay that's not what I had

53
00:02:09,910 --> 00:02:07,520
in mind either but if you know someone

54
00:02:12,310 --> 00:02:09,920
who enjoys THC just go to the higher

55
00:02:13,670 --> 00:02:12,320
side shots plus calm with any credit or

56
00:02:15,170 --> 00:02:13,680
debit card and put in the

57
00:02:16,940 --> 00:02:15,180
mail address and information for that

58
00:02:19,069 --> 00:02:16,950
special someone in your life rather than

59
00:02:21,559 --> 00:02:19,079
yourself I know I and all the great

60
00:02:23,660 --> 00:02:21,569
guests on THC would really appreciate it

61
00:02:26,330 --> 00:02:23,670
we don't want to kill anybody hurt

62
00:02:28,339 --> 00:02:26,340
anybody we want to make a system that

63
00:02:30,199 --> 00:02:28,349

would shock I think that approach is

64

00:02:32,149 --> 00:02:30,209

actually illegal let's not do that and

65

00:02:33,050 --> 00:02:32,159

it was a great idea but it doesn't go

66

00:02:35,209 --> 00:02:33,060

far enough

67

00:02:38,030 --> 00:02:35,219

no man it went too far but guys all I'm

68

00:02:40,129 --> 00:02:38,040

saying is a year or six months the THC

69

00:02:41,720 --> 00:02:40,139

plus makes a great gift believe me

70

00:02:45,500 --> 00:02:41,730

I just signed douglas dietrich up for a

71

00:02:49,640 --> 00:02:45,510

year and he couldn't be happier I love

72

00:02:51,349 --> 00:02:49,650

you dearly because honestly you flatter

73

00:02:53,629 --> 00:02:51,359

me too much if you were a member of the

74

00:02:56,090 --> 00:02:53,639

opposite sex I would propose see what I

75

00:03:19,000 --> 00:02:56,100

tell you Merry Christmas people

76

00:03:22,220 --> 00:03:19,010

[Music]

77

00:03:25,840 --> 00:03:22,230

you think you know the less you really

78

00:03:37,390 --> 00:03:25,850

do that's true dr. Zaius

79

00:03:43,800 --> 00:03:39,610

[Applause]

80

00:03:46,449 --> 00:03:43,810

[Music]

81

00:03:48,339 --> 00:03:46,459

all right higher side chatters when it

82

00:03:50,199 --> 00:03:48,349

comes to our health in our environment

83

00:03:52,270 --> 00:03:50,209

what's natural and what's synthetic

84

00:03:53,940 --> 00:03:52,280

there is so much manipulation by the

85

00:03:56,080 --> 00:03:53,950

Cabal that controls the information

86

00:03:57,910 --> 00:03:56,090

education and the entire medical

87

00:04:00,069 --> 00:03:57,920

infrastructure that it's harder and

88

00:04:00,490 --> 00:04:00,079

harder for a person born into the modern

89

00:04:03,130 --> 00:04:00,500

world

90

00:04:05,830 --> 00:04:03,140

to separate how it is from how it should

91

00:04:07,449 --> 00:04:05,840

be now a lot of us know Big Pharma and

92

00:04:09,309 --> 00:04:07,459

the corporate overlords are lying to us

93

00:04:11,680 --> 00:04:09,319

only hoping to drain us financially

94

00:04:13,509 --> 00:04:11,690

until our dying breath but we struggle

95

00:04:15,280 --> 00:04:13,519

to track down the truths needed to feel

96

00:04:18,310 --> 00:04:15,290

confident with any of the alternatives

97

00:04:20,379 --> 00:04:18,320

in this great age of Unknowing still

98

00:04:22,360 --> 00:04:20,389

with autism rising to Scarry Heights the

99

00:04:23,980 --> 00:04:22,370

strange Morgellons condition receiving

100

00:04:25,719 --> 00:04:23,990

more and more attention and the

101

00:04:27,370 --> 00:04:25,729

realization that a lot of our bodies are

102

00:04:30,520 --> 00:04:27,380

breaking down faster than they should be

103

00:04:33,159 --> 00:04:30,530

the deck seems to intelligently stacked

104

00:04:34,689 --> 00:04:33,169

against us to be mere coincidence well

105

00:04:36,520 --> 00:04:34,699

here to show us what she sees in the

106

00:04:38,620 --> 00:04:36,530

cards and give us her analysis of this

107

00:04:41,560 --> 00:04:38,630

far-reaching situation is the highly

108

00:04:43,450 --> 00:04:41,570

respected Sofia small storm a meticulous

109

00:04:45,040 --> 00:04:43,460

researcher an exceptional speaker who

110

00:04:47,110 --> 00:04:45,050

has covered quite a few alternative

111

00:04:49,570 --> 00:04:47,120

subjects from false flags and fluoride

112

00:04:52,360 --> 00:04:49,580

the geoengineering and synthetic biology

113

00:04:54,010 --> 00:04:52,370

she's been on THC once before detailing

114

00:04:55,480 --> 00:04:54,020

her excellent breakdown of sandy hook

115

00:04:57,879 --> 00:04:55,490

and it's a real pleasure to have her

116

00:05:00,820 --> 00:04:57,889

back today from just up the five freeway

117

00:05:03,610 --> 00:05:00,830

another San Diego local Sophia welcome

118

00:05:05,830 --> 00:05:03,620

back to the higher side you're so nice

119

00:05:09,219 --> 00:05:05,840

Greg that was such a nice introduction

120

00:05:12,550 --> 00:05:09,229

and you're you know you're quite the

121

00:05:14,350 --> 00:05:12,560

phenomenon yourself I can claim the

122

00:05:17,080 --> 00:05:14,360

things that you assigned to me but

123

00:05:18,820 --> 00:05:17,090

anyway thank you well thank you and I

124

00:05:21,339 --> 00:05:18,830

really appreciate you being here I've

125

00:05:23,080 --> 00:05:21,349

been hearing you talk about the subjects

126
00:05:25,629 --> 00:05:23,090
we have on the table today and I'm just

127
00:05:27,730 --> 00:05:25,639
really blown away by the scope of what

128
00:05:30,670 --> 00:05:27,740
seems to be happening from this descent

129
00:05:33,010 --> 00:05:30,680
into biological darkness to the covert

130
00:05:35,920 --> 00:05:33,020
promotion and infiltration of synthetic

131
00:05:37,240 --> 00:05:35,930
life we do seem to be in trouble times

132
00:05:39,370 --> 00:05:37,250
but hopefully by the end of this

133
00:05:41,680 --> 00:05:39,380
conversation people have a little

134
00:05:43,480 --> 00:05:41,690
clearer picture of these agendas and how

135
00:05:45,790 --> 00:05:43,490
we can protect ourselves as much as we

136
00:05:48,430 --> 00:05:45,800
can and to get us started

137
00:05:51,399 --> 00:05:48,440
a lot of this revolves around a need to

138
00:05:53,380 --> 00:05:51,409

kind of reframe the way we see some

139

00:05:55,180 --> 00:05:53,390

things in the areas of health and

140

00:05:56,770 --> 00:05:55,190

wellness because it seems like we've

141

00:05:58,960 --> 00:05:56,780

been sold bad information

142

00:06:02,260 --> 00:05:58,970

a false paradigm so if we start with

143

00:06:05,260 --> 00:06:02,270

sepsis and this term biological darkness

144

00:06:06,420 --> 00:06:05,270

help us understand this cycle and how

145

00:06:12,220 --> 00:06:06,430

it's being manipulated

146

00:06:15,490 --> 00:06:12,230

okay well sepsis is a term for you could

147

00:06:19,870 --> 00:06:15,500

call it beautification degeneration

148

00:06:22,540 --> 00:06:19,880

decay in medical terminology septic

149

00:06:25,120 --> 00:06:22,550

shock or to go in it into a state of

150

00:06:27,250 --> 00:06:25,130

sepsis means your blood is full of

151
00:06:30,400 --> 00:06:27,260
bacteria you have a bacterial infection

152
00:06:33,510 --> 00:06:30,410
that's so drastic and dire that your

153
00:06:36,520 --> 00:06:33,520
body's not able to deal with it but what

154
00:06:39,610 --> 00:06:36,530
alerted me and set off a you know a

155
00:06:43,200 --> 00:06:39,620
cascade of Revelation and dawning in my

156
00:06:45,790 --> 00:06:43,210
brain was when I was watching a video

157
00:06:48,940 --> 00:06:45,800
which is really a video about the Flat

158
00:06:51,070 --> 00:06:48,950
Earth and I was trying to you know just

159
00:06:52,420 --> 00:06:51,080
someone had recommended it to me he said

160
00:06:55,810 --> 00:06:52,430
it was one of the best that had been

161
00:06:58,480 --> 00:06:55,820
made I have to give him credit Shaw's

162
00:07:01,270 --> 00:06:58,490
bar bhukti that's his name you can look

163
00:07:04,390 --> 00:07:01,280

it up on YouTube try to spell it but he

164

00:07:06,640 --> 00:07:04,400

pointed out that the light of the Sun

165

00:07:10,330 --> 00:07:06,650

and the light of the Moon are distinctly

166

00:07:12,190 --> 00:07:10,340

different and that sunlight obviously

167

00:07:15,330 --> 00:07:12,200

which we experienced during the day is

168

00:07:18,460 --> 00:07:15,340

golden warm drying life-giving

169

00:07:23,409 --> 00:07:18,470

antiseptic preservative and cleansing

170

00:07:28,420 --> 00:07:23,419

and that moonlight in contrast is silver

171

00:07:32,680 --> 00:07:28,430

not gold it's cold it's damp it promotes

172

00:07:35,770 --> 00:07:32,690

necrosis beautification and sepsis and I

173

00:07:37,690 --> 00:07:35,780

thought you know what he is right and

174

00:07:41,710 --> 00:07:37,700

then I started thinking about day and

175

00:07:45,360 --> 00:07:41,720

night and how in its time period that

176

00:07:49,210 --> 00:07:45,370

the Sun gets the wheat sunlight is

177

00:07:54,219 --> 00:07:49,220

antiseptic it does dry up and kill molds

178

00:07:57,100 --> 00:07:54,229

and heat destroys bacteria and at night

179

00:08:00,040 --> 00:07:57,110

when it's cold that's when the decay

180

00:08:03,730 --> 00:08:00,050

cycle can go on and it needs to go on

181

00:08:06,310 --> 00:08:03,740

because part of life is death or decay

182

00:08:09,130 --> 00:08:06,320

you know this is why we have winter

183

00:08:10,240 --> 00:08:09,140

winter is when plants and trees kind of

184

00:08:13,210 --> 00:08:10,250

go door

185

00:08:16,300 --> 00:08:13,220

for a while and decay process can

186

00:08:19,840 --> 00:08:16,310

accelerate over those cold damp darker

187

00:08:23,470 --> 00:08:19,850

months and lots of dead material dead

188

00:08:27,840 --> 00:08:23,480

matter can be rendered by organisms that

189

00:08:32,050 --> 00:08:27,850

are called detritivores they can render

190

00:08:34,090 --> 00:08:32,060

material into food and nutrients and

191

00:08:37,330 --> 00:08:34,100

sustenance for the spring and summer

192

00:08:42,130 --> 00:08:37,340

when light blooms once again so I

193

00:08:44,710 --> 00:08:42,140

realized that we have a antiseptis and

194

00:08:47,740 --> 00:08:44,720

sepsis cycle going on between day and

195

00:08:50,740 --> 00:08:47,750

night and winter and summer and all told

196

00:08:53,890 --> 00:08:50,750

overall with the numbers of hours for

197

00:08:56,440 --> 00:08:53,900

day and night as they switch over you

198

00:08:58,830 --> 00:08:56,450

know the seasons and then the seasons

199

00:09:01,840 --> 00:08:58,840

themselves it's pretty much a 50/50 deal

200

00:09:04,150 --> 00:09:01,850

so I then watched an interview this is

201
00:09:05,760 --> 00:09:04,160
all I just stumbled into this and that's

202
00:09:08,320 --> 00:09:05,770
what I like about doing this research

203
00:09:10,540 --> 00:09:08,330
independently you can just stumble along

204
00:09:13,030 --> 00:09:10,550
I'm sure you've experienced this Greg

205
00:09:16,660 --> 00:09:13,040
and the next thing just plops into your

206
00:09:19,420 --> 00:09:16,670
lap right right yeah so I then came

207
00:09:22,060 --> 00:09:19,430
across a video that was an interview

208
00:09:26,320 --> 00:09:22,070
between dr. Mercola lots of people know

209
00:09:29,410 --> 00:09:26,330
joe mercola and this photo biologist

210
00:09:31,870 --> 00:09:29,420
called Alexander lunch from Germany and

211
00:09:35,320 --> 00:09:31,880
he's a very brilliant man and he was

212
00:09:39,460 --> 00:09:35,330
talking about how we absolutely need

213
00:09:43,840 --> 00:09:39,470

sunlight proper sunlight to make vitamin

214

00:09:46,450 --> 00:09:43,850

D it's essential it's it's critical to

215

00:09:50,740 --> 00:09:46,460

hundreds and hundreds of biological

216

00:09:53,830 --> 00:09:50,750

processes that it triggers inside us and

217

00:09:55,660 --> 00:09:53,840

these biological processes keep us going

218

00:09:57,430 --> 00:09:55,670

they keep us healthy you can Google

219

00:09:59,290 --> 00:09:57,440

vitamin D and see how many things in

220

00:10:01,690 --> 00:09:59,300

your body it supports including the fact

221

00:10:05,470 --> 00:10:01,700

that it affects something like 3,000 of

222

00:10:08,860 --> 00:10:05,480

your genes but regardless it's very

223

00:10:11,830 --> 00:10:08,870

important then to have proper daylight

224

00:10:15,970 --> 00:10:11,840

to have exposure to the Sun on your skin

225

00:10:18,130 --> 00:10:15,980

in your eyes and at night you know

226

00:10:20,500 --> 00:10:18,140

that's when our bodies go dormant that's

227

00:10:23,140 --> 00:10:20,510

why we go to bed and we lie down in the

228

00:10:24,170 --> 00:10:23,150

darkness because that's time for our

229

00:10:26,470 --> 00:10:24,180

body to go into

230

00:10:30,950 --> 00:10:26,480

deep repair mode on the cellular level

231

00:10:33,380 --> 00:10:30,960

so when we are not exposed to enough

232

00:10:35,720 --> 00:10:33,390

sunlight and this is primarily during

233

00:10:37,580 --> 00:10:35,730

the winter but it also could occur

234

00:10:39,790 --> 00:10:37,590

during the summer people who work in

235

00:10:42,200 --> 00:10:39,800

offices that are lit with artificial

236

00:10:45,040 --> 00:10:42,210

bulbs you know the artificial light

237

00:10:48,110 --> 00:10:45,050

bulbs the ones that they're trying to

238

00:10:49,550 --> 00:10:48,120

plaster us with now don't give you the

239

00:10:52,910 --> 00:10:49,560

full light spectrum the way the

240

00:10:55,400 --> 00:10:52,920

incandescent bulbs do light artificial

241

00:10:57,980 --> 00:10:55,410

light must be accompanied by thermal

242

00:11:00,860 --> 00:10:57,990

energy or heat in order to be effective

243

00:11:03,080 --> 00:11:00,870

in terms of our biology otherwise it

244

00:11:06,320 --> 00:11:03,090

puts us in a state of biological

245

00:11:09,620 --> 00:11:06,330

darkness and biological darkness just

246

00:11:12,350 --> 00:11:09,630

means that hundreds of activities that

247

00:11:15,020 --> 00:11:12,360

our body requires for optimal

248

00:11:18,410 --> 00:11:15,030

functionality are not going on it's the

249

00:11:20,420 --> 00:11:18,420

equivalent of living in darkness right

250

00:11:21,710 --> 00:11:20,430

yeah this seems to be a big can of worms

251
00:11:23,900 --> 00:11:21,720
we talked about it a little bit the

252
00:11:26,300 --> 00:11:23,910
other day an analogy could almost be

253
00:11:28,090 --> 00:11:26,310
that the earth is kind of sleep-deprived

254
00:11:30,760 --> 00:11:28,100
because it's not getting its chance to

255
00:11:33,650 --> 00:11:30,770
repair itself and then in the spring

256
00:11:35,570 --> 00:11:33,660
things are coming back weaker than they

257
00:11:37,690 --> 00:11:35,580
should be in the natural world and this

258
00:11:42,020 --> 00:11:37,700
is kind of how the balance is being

259
00:11:44,450 --> 00:11:42,030
completely tilted to one side right yes

260
00:11:47,630 --> 00:11:44,460
and what you're referring to Gregg is

261
00:11:49,670 --> 00:11:47,640
that what's happening on the earth in

262
00:11:53,420 --> 00:11:49,680
terms of environment is we have been

263
00:11:56,900 --> 00:11:53,430

pushed more into sepsis than the Sun

264

00:12:00,440 --> 00:11:56,910

cycle so the chemtrails the layering of

265

00:12:02,330 --> 00:12:00,450

the sky with these particulate sheets

266

00:12:04,700 --> 00:12:02,340

you know the white haze as some people

267

00:12:07,730 --> 00:12:04,710

call it and I'm looking into our sky

268

00:12:09,380 --> 00:12:07,740

today this is a San Diego chemtrail you

269

00:12:12,200 --> 00:12:09,390

know it's like a mad painter with a

270

00:12:15,650 --> 00:12:12,210

milky brush and yesterday was totally

271

00:12:18,950 --> 00:12:15,660

clear as you remember but the presence

272

00:12:21,110 --> 00:12:18,960

of artificial clouds what some people

273

00:12:24,260 --> 00:12:21,120

call stratospheric aerosol

274

00:12:27,710 --> 00:12:24,270

geoengineering that converts the warm

275

00:12:30,800 --> 00:12:27,720

golden antiseptic effect of sun the

276

00:12:35,410 --> 00:12:30,810

health-giving effective real Sun into

277

00:12:38,500 --> 00:12:35,420

sort of an analog of

278

00:12:40,870 --> 00:12:38,510

sepsis moon it changes the frequencies

279

00:12:43,030 --> 00:12:40,880

it makes them cold silver frequencies

280

00:12:44,800 --> 00:12:43,040

the light of the Sun so we are not

281

00:12:46,360 --> 00:12:44,810

getting the golden light of the Sun with

282

00:12:48,970 --> 00:12:46,370

chemtrails with the chemtrail agenda

283

00:12:52,060 --> 00:12:48,980

we're getting the silver light of sepsis

284

00:12:55,390 --> 00:12:52,070

and so that's throwing the earth into

285

00:12:59,230 --> 00:12:55,400

havoc because once again winter and

286

00:13:01,690 --> 00:12:59,240

summer are the seasonal changeover and

287

00:13:03,520 --> 00:13:01,700

the plants and trees go to sleep in the

288

00:13:06,220 --> 00:13:03,530

winter and if you've noticed as I have

289

00:13:08,950 --> 00:13:06,230

over the last few years we've got heat

290

00:13:11,500 --> 00:13:08,960

waves until November the East Coast is

291

00:13:14,920 --> 00:13:11,510

reporting you know balmy days in the

292

00:13:18,400 --> 00:13:14,930

high 60s and 70s in areas where it

293

00:13:20,920 --> 00:13:18,410

should be down in the 50s and 40s and I

294

00:13:24,310 --> 00:13:20,930

noticed that leaves are not falling off

295

00:13:26,320 --> 00:13:24,320

the trees as they should and they're not

296

00:13:28,660 --> 00:13:26,330

the trees are not going to sleep

297

00:13:31,360 --> 00:13:28,670

properly for the winter I'm using very

298

00:13:33,340 --> 00:13:31,370

simplistic terms and then in the last

299

00:13:35,260 --> 00:13:33,350

few years this is like clockwork

300

00:13:37,990 --> 00:13:35,270

they've given us heat waves in late

301

00:13:40,630 --> 00:13:38,000

January in February so the trees all

302

00:13:43,090 --> 00:13:40,640

start to bud my mother even told me that

303

00:13:45,130 --> 00:13:43,100

in New York certain bushes are budding

304

00:13:47,500 --> 00:13:45,140

now because of the warm weather and they

305

00:13:50,440 --> 00:13:47,510

think it's spring so what does that do

306

00:13:53,410 --> 00:13:50,450

that means that the following life cycle

307

00:13:55,590 --> 00:13:53,420

if the dormancy has not been long enough

308

00:13:57,250 --> 00:13:55,600

and the plant is as you say

309

00:13:59,080 --> 00:13:57,260

sleep-deprived the earth is

310

00:14:02,830 --> 00:13:59,090

sleep-deprived then the following life

311

00:14:07,330 --> 00:14:02,840

cycle becomes weak it cannot it's not a

312

00:14:12,220 --> 00:14:07,340

strong properly birthed and generated

313

00:14:13,930 --> 00:14:12,230

next generation mmm-hmm Wow I just think

314

00:14:16,420 --> 00:14:13,940

this is such an interesting perspective

315

00:14:18,760 --> 00:14:16,430

that the environment is being altered in

316

00:14:21,010 --> 00:14:18,770

such a way keeping these proper

317

00:14:22,750 --> 00:14:21,020

processes from triggering and I've

318

00:14:24,880 --> 00:14:22,760

definitely noticed just like you said

319

00:14:26,680 --> 00:14:24,890

trees that don't seem to complete their

320

00:14:28,840 --> 00:14:26,690

cycle in the winter months sometimes you

321

00:14:31,900 --> 00:14:28,850

just see what looks like a fall to

322

00:14:34,300 --> 00:14:31,910

spring process the fall colors come and

323

00:14:36,910 --> 00:14:34,310

then the buds start forming just shortly

324

00:14:39,310 --> 00:14:36,920

after I just hadn't looked at that as a

325

00:14:42,760 --> 00:14:39,320

clue to a larger agenda or really

326

00:14:45,280 --> 00:14:42,770

consider that it was engineered yeah the

327

00:14:48,240 --> 00:14:45,290

process isn't full actually the reason

328

00:14:49,340 --> 00:14:48,250

for leaves turning color that is a

329

00:14:52,310 --> 00:14:49,350

protective

330

00:14:55,550 --> 00:14:52,320

defense mechanism of trees these

331

00:14:59,270 --> 00:14:55,560

pigments are biopolymers and when the

332

00:15:01,490 --> 00:14:59,280

tree's leaves turn red the tree is

333

00:15:04,820 --> 00:15:01,500

actually transferring whatever nutrients

334

00:15:07,210 --> 00:15:04,830

are left in the leaf to the more

335

00:15:11,480 --> 00:15:07,220

permanent parts of itself like the

336

00:15:14,150 --> 00:15:11,490

branches and bark and trunk and the red

337

00:15:17,750 --> 00:15:14,160

color is actually a sunscreen the Sun is

338

00:15:19,880 --> 00:15:17,760

already waning and receding right we

339

00:15:23,120 --> 00:15:19,890

have fewer hours of sunlight and its

340

00:15:28,160 --> 00:15:23,130

power is far less in the autumn and

341

00:15:30,110 --> 00:15:28,170

winter so the tree as the leaves lose

342

00:15:33,260 --> 00:15:30,120

their ability to make food they turn

343

00:15:36,080 --> 00:15:33,270

color and they turn from green to yellow

344

00:15:39,110 --> 00:15:36,090

that's a sign of death and then yellow

345

00:15:41,690 --> 00:15:39,120

to orange and orange to red and the tree

346

00:15:43,580 --> 00:15:41,700

is transferring the nutrients so that it

347

00:15:45,800 --> 00:15:43,590

can store them and then the leaves fall

348

00:15:47,930 --> 00:15:45,810

off and what's happening now is the

349

00:15:49,850 --> 00:15:47,940

leaves are not falling off fully I'm

350

00:15:52,040 --> 00:15:49,860

looking at a sycamore outside my window

351

00:15:54,980 --> 00:15:52,050

it has leaves on it that are brown from

352

00:15:56,480 --> 00:15:54,990

last winter and this winter it hasn't

353

00:15:58,610 --> 00:15:56,490

lost its leaves even though we've had

354

00:16:01,130 --> 00:15:58,620

some heavy-duty winds recently and that

355

00:16:02,750 --> 00:16:01,140

means those leaves will cling because

356

00:16:05,420 --> 00:16:02,760

the tree is desperate it's trying to

357

00:16:07,490 --> 00:16:05,430

hold on to life it will cling those

358

00:16:09,080 --> 00:16:07,500

leaves will cling until the spring and

359

00:16:12,920 --> 00:16:09,090

then when the new life comes there won't

360

00:16:16,520 --> 00:16:12,930

be spots for the new leaves mm-hmm so

361

00:16:21,290 --> 00:16:16,530

overall we are getting a continued

362

00:16:23,870 --> 00:16:21,300

presence of desperate clinging in the

363

00:16:27,020 --> 00:16:23,880

natural world from the past season of

364

00:16:30,370 --> 00:16:27,030

life and then weaker and weaker new

365

00:16:34,430 --> 00:16:30,380

seasons and you know this is going to

366

00:16:36,880 --> 00:16:34,440

eventually eradicate and wipe out many

367

00:16:40,220 --> 00:16:36,890

many different forms of flora and fauna

368

00:16:44,170 --> 00:16:40,230

you will notice as I have I didn't know

369

00:16:47,060 --> 00:16:44,180

why but you know as I learn I know why

370

00:16:51,080 --> 00:16:47,070

conifers or pine trees there's an

371

00:16:53,120 --> 00:16:51,090

expression called going to cone it means

372

00:16:55,310 --> 00:16:53,130

that that's when the tree is ready to

373

00:16:58,100 --> 00:16:55,320

reproduce the pine cones are like their

374

00:17:00,830 --> 00:16:58,110

reproductive fruits of the tree pine

375

00:17:03,280 --> 00:17:00,840

trees conifers should only go to cone

376

00:17:06,069 --> 00:17:03,290

once every 10 years and

377

00:17:09,840 --> 00:17:06,079

in America you're going to cone every

378

00:17:12,850 --> 00:17:09,850

year Wow that means they're disparate

379

00:17:15,460 --> 00:17:12,860

hmm yeah you hear about the decline of

380

00:17:17,260 --> 00:17:15,470

biodiversity not only in the mainstream

381

00:17:19,210 --> 00:17:17,270

but even people that I have more faith

382

00:17:20,920 --> 00:17:19,220

and say the data there seems to be

383

00:17:23,290 --> 00:17:20,930

pretty clear and that's pretty

384

00:17:25,510 --> 00:17:23,300

concerning and you mentioned beforehand

385

00:17:27,819 --> 00:17:25,520

how some of the agenda is affecting the

386

00:17:29,530 --> 00:17:27,829

individual but what more can be said

387

00:17:31,600 --> 00:17:29,540

about that can we get a bit deeper into

388

00:17:34,630 --> 00:17:31,610

how this promotion of the biological

389

00:17:38,550 --> 00:17:34,640

darkness cycle is affecting the biota

390

00:17:41,950 --> 00:17:38,560

reign of the human body specifically

391

00:17:43,990 --> 00:17:41,960

well let me just throw this in to finish

392

00:17:47,170 --> 00:17:44,000

up that what we were just talking about

393

00:17:50,260 --> 00:17:47,180

sure I believe that as the natural

394

00:17:53,980 --> 00:17:50,270

species disappear and become weaker and

395

00:17:56,920 --> 00:17:53,990

weaker and are effectively made extinct

396

00:17:59,800 --> 00:17:56,930

we're gonna get companies like Syngenta

397

00:18:01,690 --> 00:17:59,810

and Monsanto you know hailing us and

398

00:18:04,420 --> 00:18:01,700

saying well we are losing all our trees

399

00:18:07,480 --> 00:18:04,430

but we've now genetically engineered 12

400

00:18:09,480 --> 00:18:07,490

or 15 varieties of trees we have done

401
00:18:12,640 --> 00:18:09,490
people you want trees in your yard

402
00:18:14,620 --> 00:18:12,650
Carlos will sell you the trees will come

403
00:18:18,340 --> 00:18:14,630
and plant them for you and they are

404
00:18:21,790 --> 00:18:18,350
gonna be drought tolerant and very you

405
00:18:24,970 --> 00:18:21,800
know stable they're of course not gonna

406
00:18:26,590 --> 00:18:24,980
be reproductive but you will license

407
00:18:28,810 --> 00:18:26,600
them from us every year and at least you

408
00:18:30,640 --> 00:18:28,820
left shade and you're the agenda21

409
00:18:33,010 --> 00:18:30,650
community that you live in we'll look

410
00:18:35,140 --> 00:18:33,020
pretty I could see that Monsanto

411
00:18:37,900 --> 00:18:35,150
graduating from genetically modified

412
00:18:39,130 --> 00:18:37,910
crop seeds two whole trees I could see

413
00:18:41,830 --> 00:18:39,140

that being a big problem

414

00:18:43,480 --> 00:18:41,840

well no it's going to be a solution we

415

00:18:45,210 --> 00:18:43,490

have we're in the problem now but that

416

00:18:47,800 --> 00:18:45,220

will be the solution that's offered

417

00:18:50,800 --> 00:18:47,810

problem reaction solution roll in and

418

00:18:52,840 --> 00:18:50,810

out once again so you mentioned the

419

00:18:55,810 --> 00:18:52,850

human biology and you wanted to know how

420

00:18:59,700 --> 00:18:55,820

the biological darkness effects that the

421

00:19:03,400 --> 00:18:59,710

sepsis so we're in constant flux and

422

00:19:07,260 --> 00:19:03,410

trouble our bodies are not able to keep

423

00:19:10,660 --> 00:19:07,270

a good functionality going we're seeing

424

00:19:13,300 --> 00:19:10,670

lots of degenerative disease we're not

425

00:19:15,790 --> 00:19:13,310

dying from microbial disease anymore

426
00:19:16,360 --> 00:19:15,800
because of hygiene and sanitation that

427
00:19:19,240 --> 00:19:16,370
has been

428
00:19:21,400 --> 00:19:19,250
introduced into our lives through you

429
00:19:24,070 --> 00:19:21,410
know infrastructure of cities and

430
00:19:25,810 --> 00:19:24,080
whatnot most people today in the cities

431
00:19:27,580 --> 00:19:25,820
have flush toilets they have running

432
00:19:29,940 --> 00:19:27,590
water they don't have to fetch water and

433
00:19:32,500 --> 00:19:29,950
use an outhouse like they did in

434
00:19:36,670 --> 00:19:32,510
previous generations

435
00:19:38,770 --> 00:19:36,680
so our sanitation has greatly improved

436
00:19:41,110 --> 00:19:38,780
our health because we're not fighting

437
00:19:43,660 --> 00:19:41,120
bacteria there's a very famous book

438
00:19:46,120 --> 00:19:43,670

called the Mirage of health by Rene Du

439

00:19:48,460 --> 00:19:46,130

Bois who was a French scientist and

440

00:19:52,120 --> 00:19:48,470

doctor I believe and he taught at

441

00:19:53,410 --> 00:19:52,130

Harvard and in the 50s he was 1959 he

442

00:19:56,500 --> 00:19:53,420

came out with this book The Mirage of

443

00:20:00,030 --> 00:19:56,510

health and in it he said that the main

444

00:20:03,340 --> 00:20:00,040

contributor to improved health vitality

445

00:20:06,760 --> 00:20:03,350

longevity there were two things not

446

00:20:09,640 --> 00:20:06,770

medicine by any means the advent of

447

00:20:12,190 --> 00:20:09,650

glass windows and houses because the

448

00:20:14,890 --> 00:20:12,200

glass it amplified the effective

449

00:20:16,960 --> 00:20:14,900

sunlight right it intensified so

450

00:20:19,180 --> 00:20:16,970

sunlight is a natural disinfectant and

451
00:20:20,590 --> 00:20:19,190
the dankness and the dampness that

452
00:20:22,150 --> 00:20:20,600
people had in their houses which

453
00:20:26,470 --> 00:20:22,160
contributed to a lot of respiratory

454
00:20:29,350 --> 00:20:26,480
disease coals and whatnot flus this was

455
00:20:31,930 --> 00:20:29,360
greatly minimized by having glass

456
00:20:35,169 --> 00:20:31,940
windows that let light in and kept

457
00:20:39,400 --> 00:20:35,179
houses bright and then the other very

458
00:20:41,980 --> 00:20:39,410
important shift was people starting to

459
00:20:44,340 --> 00:20:41,990
change their underwear wearing underwear

460
00:20:48,040 --> 00:20:44,350
that they changed and washed every day

461
00:20:50,410 --> 00:20:48,050
so that was a very big contributor to

462
00:20:53,320 --> 00:20:50,420
health and of course the running water

463
00:20:56,140 --> 00:20:53,330

and the food industry that gave us

464

00:20:58,810 --> 00:20:56,150

trucked fresh vegetables to us and so

465

00:21:00,190 --> 00:20:58,820

forth but of course fighting down the

466

00:21:01,799 --> 00:21:00,200

food that was highly packed with

467

00:21:05,860 --> 00:21:01,809

preservatives and there's always a

468

00:21:09,370 --> 00:21:05,870

seesaw going so we are fortunate in that

469

00:21:12,460 --> 00:21:09,380

we can choose to live in greater and

470

00:21:14,560 --> 00:21:12,470

better states of health but if we fall

471

00:21:18,190 --> 00:21:14,570

for all the bad information in the

472

00:21:20,500 --> 00:21:18,200

marketing of you know products for

473

00:21:23,280 --> 00:21:20,510

instance today we don't have microbes in

474

00:21:26,620 --> 00:21:23,290

our houses but we have wireless

475

00:21:29,830 --> 00:21:26,630

radiation we have electromagnetic fields

476

00:21:32,080 --> 00:21:29,840

we have tremendous numbers of man-made

477

00:21:35,529 --> 00:21:32,090

chemical compounds and this was part of

478

00:21:37,060 --> 00:21:35,539

them you know age of cleanness you may

479

00:21:39,669 --> 00:21:37,070

not remember because you weren't born

480

00:21:42,510 --> 00:21:39,679

then but housewives in the 50s were

481

00:21:46,600 --> 00:21:42,520

taught by television to spray Lysol and

482

00:21:48,279 --> 00:21:46,610

DDT was even sprayed on sandwiches by

483

00:21:50,590 --> 00:21:48,289

mothers who were making lunch for their

484

00:21:54,610 --> 00:21:50,600

children Wow

485

00:21:57,070 --> 00:21:54,620

man so if we get to the fundamentals

486

00:21:59,500 --> 00:21:57,080

here I mean the entire medical field is

487

00:22:02,220 --> 00:21:59,510

kind of based on this germ theory and

488

00:22:04,720 --> 00:22:02,230

that's a real cornerstone principle

489

00:22:06,130 --> 00:22:04,730

apparently this is a fallacy I mean

490

00:22:08,110 --> 00:22:06,140

where do we get this idea can you help

491

00:22:11,139 --> 00:22:08,120

us untangle this and make the case that

492

00:22:12,700 --> 00:22:11,149

it's not actually true yeah

493

00:22:15,909 --> 00:22:12,710

well the goal with modern medicine

494

00:22:20,260 --> 00:22:15,919

Rockefeller medicine was to claim that

495

00:22:22,810 --> 00:22:20,270

germs or bacterium bacteria caught

496

00:22:25,330 --> 00:22:22,820

microbes microorganisms living little

497

00:22:28,690 --> 00:22:25,340

wiggles cause disease and they have

498

00:22:31,990 --> 00:22:28,700

introduced another component into this

499

00:22:34,180 --> 00:22:32,000

theory viruses now Gregg viruses are not

500

00:22:36,340 --> 00:22:34,190

alive they're not organic and they do

501
00:22:39,510 --> 00:22:36,350
not cause disease there's no virus

502
00:22:43,120 --> 00:22:39,520
lurking in the pond to give you polio

503
00:22:45,880 --> 00:22:43,130
colds are not caused by viruses so this

504
00:22:49,690 --> 00:22:45,890
viral theory of disease is a fallacy but

505
00:22:52,810 --> 00:22:49,700
the bacterial possibilities of getting a

506
00:22:56,649 --> 00:22:52,820
disease are definitely real if you have

507
00:22:58,779 --> 00:22:56,659
too much invasion of organisms in your

508
00:23:01,450 --> 00:22:58,789
body and you don't have enough strength

509
00:23:03,610 --> 00:23:01,460
in terms of the energy level of

510
00:23:07,830 --> 00:23:03,620
yourselves and your glands and your

511
00:23:10,600 --> 00:23:07,840
various systems to combat infiltration

512
00:23:14,769 --> 00:23:10,610
opportunistic little critters that want

513
00:23:16,510 --> 00:23:14,779

to eat your you know living tissues then

514

00:23:19,690 --> 00:23:16,520

you're gonna end up in a diseased state

515

00:23:21,190 --> 00:23:19,700

but with lots of conditions that modern

516

00:23:24,580 --> 00:23:21,200

life has brought to us that I've gone

517

00:23:26,620 --> 00:23:24,590

through already we don't have the battle

518

00:23:29,440 --> 00:23:26,630

with bacteria going on but we do have a

519

00:23:33,850 --> 00:23:29,450

battle with chemicals and so there were

520

00:23:37,480 --> 00:23:33,860

two rivals back in the early 1900s

521

00:23:39,760 --> 00:23:37,490

and they were Louis Pasteur who everyone

522

00:23:42,279 --> 00:23:39,770

has heard of he was a famous french

523

00:23:43,160 --> 00:23:42,289

scientist and then a guy called Antoine

524

00:23:48,220 --> 00:23:43,170

Bichon

525

00:23:51,560 --> 00:23:48,230

bashan lived from 1816 to 1908 and

526

00:23:53,930 --> 00:23:51,570

baizhang followed the or he didn't

527

00:23:56,570 --> 00:23:53,940

originate this concept but he was

528

00:23:58,910 --> 00:23:56,580

definitely putting it out that there is

529

00:24:04,220 --> 00:23:58,920

something in the body called bio terrain

530

00:24:08,120 --> 00:24:04,230

and if it's out of balance then we fall

531

00:24:10,970 --> 00:24:08,130

ill but it's the soil that keeps us

532

00:24:13,940 --> 00:24:10,980

healthy if we keep our internal soil in

533

00:24:15,560 --> 00:24:13,950

proper balance then germs and things

534

00:24:17,420 --> 00:24:15,570

that we lived with for thousands and

535

00:24:20,900 --> 00:24:17,430

thousands and thousands of years are not

536

00:24:24,430 --> 00:24:20,910

gonna you know to get control over us

537

00:24:28,120 --> 00:24:24,440

but mainstream medicine believes that

538

00:24:31,700 --> 00:24:28,130

all illness is caused by germs or

539

00:24:34,080 --> 00:24:31,710

genetic weakness and their solution was

540

00:24:37,680 --> 00:24:34,090

to give us

541

00:24:39,659 --> 00:24:37,690

a drug drug intervention one drug to

542

00:24:42,419 --> 00:24:39,669

match each condition that they could

543

00:24:44,159 --> 00:24:42,429

identify if you have this condition go

544

00:24:46,769 --> 00:24:44,169

to this drug if this drug doesn't work

545

00:24:50,039 --> 00:24:46,779

then try this drug and that is a big

546

00:24:53,370 --> 00:24:50,049

moneymaker right but most illness is

547

00:24:55,740 --> 00:24:53,380

really due to cellular energy loss so

548

00:24:59,039 --> 00:24:55,750

your malfunction cellular toxicity

549

00:25:02,310 --> 00:24:59,049

cellular malnutrition then all of that

550

00:25:05,180 --> 00:25:02,320

can be avoided or overcome by natural

551
00:25:07,980 --> 00:25:05,190
means you can supply your cells with

552
00:25:10,620 --> 00:25:07,990
nutrients that they need minerals where

553
00:25:12,570 --> 00:25:10,630
mineral deficient were mineral vitamin

554
00:25:16,649 --> 00:25:12,580
nutrient and energy deficient

555
00:25:18,570 --> 00:25:16,659
we're not fighting germs so I wrote a

556
00:25:20,850 --> 00:25:18,580
newsletter on this and then I did

557
00:25:22,590 --> 00:25:20,860
another radio show about it and I don't

558
00:25:25,620 --> 00:25:22,600
know how much you want to get into it

559
00:25:28,529 --> 00:25:25,630
but I call it the breakdown of bio

560
00:25:31,769 --> 00:25:28,539
terrain and then the subsequent sepsis

561
00:25:37,320 --> 00:25:31,779
that develops in us if we you know

562
00:25:40,110 --> 00:25:37,330
cannot keep our own soil as pasture

563
00:25:42,870 --> 00:25:40,120

called it on his deathbed he admitted

564

00:25:45,630 --> 00:25:42,880

they Shawn is right it is the soil not

565

00:25:47,789 --> 00:25:45,640

the germ that makes the plant grow but

566

00:25:51,029 --> 00:25:47,799

we've never heard this we continue to

567

00:25:54,260 --> 00:25:51,039

live in a culture that pushes drugs and

568

00:25:58,310 --> 00:25:54,270

claims that diseases are caused by

569

00:26:02,490 --> 00:25:58,320

viruses bacteria and genetic

570

00:26:04,169 --> 00:26:02,500

predisposition hmm yeah it seems like we

571

00:26:06,720 --> 00:26:04,179

find that in a lot of important areas

572

00:26:09,779 --> 00:26:06,730

where an entire fields way of thinking

573

00:26:12,180 --> 00:26:09,789

can be sourced back to just a few people

574

00:26:15,450 --> 00:26:12,190

all the major work being done in a few

575

00:26:17,430 --> 00:26:15,460

key corporations and it's so susceptible

576

00:26:19,769 --> 00:26:17,440

to manipulation they can just fit the

577

00:26:21,210 --> 00:26:19,779

science to support the agenda and they

578

00:26:23,279 --> 00:26:21,220

can really influence how people think

579

00:26:25,110 --> 00:26:23,289

about things all inside the bubble

580

00:26:27,960 --> 00:26:25,120

because they control the schools and the

581

00:26:30,810 --> 00:26:27,970

universities the research labs and the

582

00:26:33,330 --> 00:26:30,820

flow of research funding and it's really

583

00:26:36,570 --> 00:26:33,340

hard to trust your life to alternatives

584

00:26:39,779 --> 00:26:36,580

or know which ones to support even in

585

00:26:42,029 --> 00:26:39,789

that world but another element I wanted

586

00:26:44,250 --> 00:26:42,039

to ask you about is the trophic chain

587

00:26:46,570 --> 00:26:44,260

that is an important piece of what we're

588

00:26:50,799 --> 00:26:46,580

talking about too right

589

00:26:53,380 --> 00:26:50,809

yes absolutely so as I learned about the

590

00:26:55,509 --> 00:26:53,390

difference between darkness and daylight

591

00:26:58,509 --> 00:26:55,519

that one promoted sepsis the other

592

00:27:00,039 --> 00:26:58,519

antiseptics as we would call it I thought

593

00:27:01,870 --> 00:27:00,049

about the trophic chain and I had

594

00:27:04,000 --> 00:27:01,880

learned about the trophic chain last

595

00:27:06,940 --> 00:27:04,010

year or the year before as I was

596

00:27:09,190 --> 00:27:06,950

pursuing a study of the ocean and the

597

00:27:10,750 --> 00:27:09,200

plastics in the ocean so there are

598

00:27:13,450 --> 00:27:10,760

traffic chains all over the earth

599

00:27:16,419 --> 00:27:13,460

there's a marine chain there's trophic

600

00:27:18,669 --> 00:27:16,429

chain and you know Siberia and there's a

601
00:27:20,259 --> 00:27:18,679
trophic chain and the rainforest and

602
00:27:23,230 --> 00:27:20,269
they're all a little bit different but

603
00:27:25,629 --> 00:27:23,240
they're all set up structured the same

604
00:27:28,060 --> 00:27:25,639
way so at the bottom of the trophic

605
00:27:31,419 --> 00:27:28,070
chain are what we call the producers

606
00:27:34,029 --> 00:27:31,429
they are life-forms that produce their

607
00:27:36,519 --> 00:27:34,039
own food from sunlight so plants use

608
00:27:38,919 --> 00:27:36,529
chlorophyll use light to make

609
00:27:41,799 --> 00:27:38,929
chlorophyll which gives them their green

610
00:27:45,490 --> 00:27:41,809
color and they don't go out and hunt

611
00:27:48,310 --> 00:27:45,500
they suck up sunlight and they can

612
00:27:52,090 --> 00:27:48,320
produce their own food and they become

613
00:27:54,180 --> 00:27:52,100

the food supply for levels of the

614

00:27:57,159 --> 00:27:54,190

trophic chain above them which are

615

00:27:59,169 --> 00:27:57,169

consumer levels so there's all kinds of

616

00:28:01,060 --> 00:27:59,179

consumers there are small consumers that

617

00:28:02,950 --> 00:28:01,070

eat plants and bigger consumers that eat

618

00:28:06,159 --> 00:28:02,960

those consumers but there are also very

619

00:28:08,740 --> 00:28:06,169

large size consumers like the big whales

620

00:28:10,659 --> 00:28:08,750

that are plant feeding right and big

621

00:28:13,029 --> 00:28:10,669

animals herbivores that are plant

622

00:28:16,450 --> 00:28:13,039

feeding but at the very top of the

623

00:28:18,490 --> 00:28:16,460

trophic chain you get the apex consumers

624

00:28:22,110 --> 00:28:18,500

sometimes called apex predators and

625

00:28:25,570 --> 00:28:22,120

those would be animals that have no

626

00:28:27,490 --> 00:28:25,580

rivals they are among the strongest on

627

00:28:29,830 --> 00:28:27,500

the planet and in their region they

628

00:28:32,500 --> 00:28:29,840

dominate so the rattlesnake is one the

629

00:28:37,000 --> 00:28:32,510

rattlesnake is a very venomous reptile

630

00:28:40,509 --> 00:28:37,010

and might be the apex consumer in the

631

00:28:42,990 --> 00:28:40,519

desert but you also have silver wolves

632

00:28:46,000 --> 00:28:43,000

and you've got lions and tigers and

633

00:28:48,190 --> 00:28:46,010

great white sharks and bull sharks and

634

00:28:50,379 --> 00:28:48,200

tiger sharks so those are the different

635

00:28:53,080 --> 00:28:50,389

kinds of apex consumers that you would

636

00:28:56,440 --> 00:28:53,090

encounter in different parts of the

637

00:29:00,100 --> 00:28:56,450

earth but when they die what happens to

638

00:29:00,750 --> 00:29:00,110

them when a large body loses life and

639

00:29:03,720 --> 00:29:00,760

the car

640

00:29:06,180 --> 00:29:03,730

lots on the ground it's set upon by

641

00:29:11,250 --> 00:29:06,190

scavengers so there another sort of side

642

00:29:13,799 --> 00:29:11,260

group to the trophic chain but among the

643

00:29:15,570 --> 00:29:13,809

scavengers or above and beyond the

644

00:29:18,270 --> 00:29:15,580

scavengers are what we call the

645

00:29:20,310 --> 00:29:18,280

decomposers there are other word for

646

00:29:23,909 --> 00:29:20,320

them as detritivores they eat the

647

00:29:28,680 --> 00:29:23,919

detritus and decomposers are the kingdom

648

00:29:32,010 --> 00:29:28,690

of organisms fungi they will be even

649

00:29:36,330 --> 00:29:32,020

bugs and insects that come and descend

650

00:29:40,049 --> 00:29:36,340

on rotting decaying matter and they bore

651
00:29:43,770 --> 00:29:40,059
into it or they process it and they turn

652
00:29:46,530 --> 00:29:43,780
it into nutrients for the earth again

653
00:29:49,650 --> 00:29:46,540
which the producers will draw on to

654
00:29:53,640 --> 00:29:49,660
create their life so that's basically

655
00:29:56,940 --> 00:29:53,650
the trophic chain and in our bodies we

656
00:30:00,470 --> 00:29:56,950
have lots of organisms millions and

657
00:30:03,659 --> 00:30:00,480
millions some even say trillions of

658
00:30:06,720 --> 00:30:03,669
microorganisms that are in the fungal

659
00:30:11,430 --> 00:30:06,730
world and also the bacterial world and

660
00:30:14,190 --> 00:30:11,440
they are taking a ride in our bodies and

661
00:30:20,280 --> 00:30:14,200
on our bodies and they will go to work

662
00:30:22,919 --> 00:30:20,290
when we have food for them so they even

663
00:30:25,260 --> 00:30:22,929

I believe in others who are far more

664

00:30:28,740 --> 00:30:25,270

advanced than I am have suggested this

665

00:30:32,299 --> 00:30:28,750

they are pleomorphic in that they can

666

00:30:34,799 --> 00:30:32,309

alter themselves and regenerate in

667

00:30:37,200 --> 00:30:34,809

different forms you could say different

668

00:30:39,000 --> 00:30:37,210

incarnations based on the food the

669

00:30:42,330 --> 00:30:39,010

buffet that they have available so

670

00:30:44,370 --> 00:30:42,340

they're very pliable organisms in that

671

00:30:47,669 --> 00:30:44,380

they can they regenerate remember very

672

00:30:50,000 --> 00:30:47,679

quickly mold will grow very very fast so

673

00:30:52,710 --> 00:30:50,010

the life cycle of these organisms is

674

00:30:54,960 --> 00:30:52,720

extremely rapid and they can tailor

675

00:30:57,690 --> 00:30:54,970

themselves to the menu available to them

676

00:31:00,960 --> 00:30:57,700

but we have in our bodies a process

677

00:31:03,630 --> 00:31:00,970

called inflammation so when we get hurt

678

00:31:05,820 --> 00:31:03,640

or we start to suffer in some way

679

00:31:08,940 --> 00:31:05,830

there's not enough health going on in a

680

00:31:11,580 --> 00:31:08,950

certain area the body will produce this

681

00:31:12,610 --> 00:31:11,590

condition called inflammation and the

682

00:31:15,549 --> 00:31:12,620

medical world

683

00:31:18,840 --> 00:31:15,559

erroneously tells us that inflammation

684

00:31:21,100 --> 00:31:18,850

causes disease they say that because

685

00:31:24,580 --> 00:31:21,110

everywhere you look where there's lack

686

00:31:26,980 --> 00:31:24,590

of health there is inflammation and so

687

00:31:28,960 --> 00:31:26,990

yes a person who's not thinking clearly

688

00:31:30,789 --> 00:31:28,970

would say oh my gosh look I found

689

00:31:33,489 --> 00:31:30,799

information here and here and here and

690

00:31:37,649 --> 00:31:33,499

here it must cause the disease but the

691

00:31:41,169 --> 00:31:37,659

reality is that inflammation accompanies

692

00:31:46,779 --> 00:31:41,179

the state of disease does that make

693

00:31:48,879 --> 00:31:46,789

sense it does so your body when you hurt

694

00:31:53,350 --> 00:31:48,889

yourself let's say you fall down and

695

00:31:57,039 --> 00:31:53,360

sprain your ankle or you are wounded or

696

00:32:01,359 --> 00:31:57,049

a bee stings you or something your body

697

00:32:03,279 --> 00:32:01,369

will create an enlarged area around that

698

00:32:06,789 --> 00:32:03,289

site that's the first sign of

699

00:32:10,320 --> 00:32:06,799

inflammation swelling right mm-hmm what

700

00:32:13,899 --> 00:32:10,330

is it doing it's actually opening up

701
00:32:16,570 --> 00:32:13,909
passages it's opening up blood vessels

702
00:32:20,350 --> 00:32:16,580
it's enlarging the tissue so that the

703
00:32:22,139 --> 00:32:20,360
channels for repair are easier for

704
00:32:25,299 --> 00:32:22,149
nutrients and repair materials

705
00:32:29,940 --> 00:32:25,309
subcellular repair materials to travel

706
00:32:33,430 --> 00:32:29,950
through right mm-hmm so you've got this

707
00:32:36,310 --> 00:32:33,440
opening of flesh inside your body and

708
00:32:39,039 --> 00:32:36,320
then the heat is produced the area gets

709
00:32:41,139 --> 00:32:39,049
red because there's increased blood flow

710
00:32:48,090 --> 00:32:41,149
to it now and that's all for purposes of

711
00:32:50,669 --> 00:32:48,100
fixing what's damaged so typically the

712
00:32:54,000 --> 00:32:50,679
conventionally educated world doctors

713
00:32:55,320 --> 00:32:54,010

and even trainers and coaches when you

714

00:32:57,390 --> 00:32:55,330

sprained your ankle they'll tell you oh

715

00:33:00,299 --> 00:32:57,400

just elevate it

716

00:33:03,090 --> 00:33:00,309

ice it wrap it up in an Ace bandage so

717

00:33:04,950 --> 00:33:03,100

why would you elevate a part of your

718

00:33:06,600 --> 00:33:04,960

body that got hurt and drain all the

719

00:33:08,669 --> 00:33:06,610

blood out of it when your body is trying

720

00:33:12,270 --> 00:33:08,679

to bring more blood to it why would you

721

00:33:15,029 --> 00:33:12,280

put ice on it and freeze it and make all

722

00:33:16,500 --> 00:33:15,039

those vessels constricted and tight when

723

00:33:18,840 --> 00:33:16,510

your buddy is trying to open up the

724

00:33:21,419 --> 00:33:18,850

tissue so we can get the fibroblasts and

725

00:33:24,060 --> 00:33:21,429

all the proper cells to the area for the

726

00:33:26,610 --> 00:33:24,070

job of fixing and why would you wrap an

727

00:33:29,820 --> 00:33:26,620

ace bandage around this area tightly

728

00:33:33,149 --> 00:33:29,830

your ability puts you in pain it creates

729

00:33:34,529 --> 00:33:33,159

rigidity stiffness and pain all are

730

00:33:36,299 --> 00:33:34,539

characteristics that accompany

731

00:33:38,970 --> 00:33:36,309

inflammation and swelling because it's

732

00:33:43,320 --> 00:33:38,980

telling you hey dude don't move this I

733

00:33:46,070 --> 00:33:43,330

have to fix it right so what goes to

734

00:33:51,930 --> 00:33:46,080

work in the process of inflammation is

735

00:33:55,740 --> 00:33:51,940

this four or five step cleanup and

736

00:33:57,990 --> 00:33:55,750

repair mechanism so you've got cells

737

00:34:00,960 --> 00:33:58,000

that

738

00:34:05,250 --> 00:34:00,970

come in cells and enzymes and they

739

00:34:08,639 --> 00:34:05,260

actually want to do the job of fixing so

740

00:34:11,760 --> 00:34:08,649

what are they doing the first things

741

00:34:14,369 --> 00:34:11,770

that come in are lysosomes which are

742

00:34:16,710 --> 00:34:14,379

enzymes that begin to digest injured

743

00:34:21,919 --> 00:34:16,720

cell materials so we've got cells inside

744

00:34:26,159 --> 00:34:21,929

us that eat up our own bad tissue and

745

00:34:28,260 --> 00:34:26,169

then you get a process this is all a

746

00:34:31,740 --> 00:34:28,270

part of the process of chemotaxis

747

00:34:34,020 --> 00:34:31,750

chemotaxis means cleanup and the body

748

00:34:38,119 --> 00:34:34,030

has a line up of these what they call

749

00:34:41,669 --> 00:34:38,129

big eater cells so you have phagocytes

750

00:34:45,030 --> 00:34:41,679

neutrophils eosinophils and macrophages

751
00:34:47,399 --> 00:34:45,040
and they come in in sequence and each

752
00:34:50,879 --> 00:34:47,409
has a different function each has a

753
00:34:53,159 --> 00:34:50,889
different menu item even and each of

754
00:34:56,430 --> 00:34:53,169
those releases different kinds of

755
00:34:58,380 --> 00:34:56,440
enzymes so that the repair process can

756
00:35:01,830 --> 00:34:58,390
go on as it needs to

757
00:35:04,950 --> 00:35:01,840
so the macrophages are at the end of the

758
00:35:08,130 --> 00:35:04,960
line and they actually consume the

759
00:35:10,940 --> 00:35:08,140
earlier stage cells they'll eat up the

760
00:35:14,960 --> 00:35:10,950
phagocytes neutrophils eosinophils and

761
00:35:17,880 --> 00:35:14,970
that is when the lymphocytes follow

762
00:35:21,540 --> 00:35:17,890
those are repair oriented white blood

763
00:35:24,720 --> 00:35:21,550

cells and they bring with them the

764

00:35:27,480 --> 00:35:24,730

materials to regenerate tissues they are

765

00:35:30,500 --> 00:35:27,490

able to turn nutrients in the blood into

766

00:35:34,050 --> 00:35:30,510

tissue regenerators so there's a

767

00:35:37,110 --> 00:35:34,060

biochemistry in inflammation and the

768

00:35:40,020 --> 00:35:37,120

repair process is pretty striking so

769

00:35:43,740 --> 00:35:40,030

when you allow those nutrients and those

770

00:35:49,470 --> 00:35:43,750

repairing cells to come in in adequate

771

00:35:52,590 --> 00:35:49,480

supply you get healing when you bind up

772

00:35:55,470 --> 00:35:52,600

and freeze and drain the blood out of

773

00:35:58,170 --> 00:35:55,480

those tissues you are actually setting

774

00:36:01,230 --> 00:35:58,180

yourself up for improper unfinished

775

00:36:04,020 --> 00:36:01,240

incomplete healing and therefore a

776

00:36:06,420 --> 00:36:04,030

chronic problem this is how people go oh

777

00:36:08,740 --> 00:36:06,430

I have a bad knee yeah it's from playing

778

00:36:10,780 --> 00:36:08,750

football in high school

779

00:36:14,220 --> 00:36:10,790

but that's because they did not allow

780

00:36:16,540 --> 00:36:14,230

the repair to go on till it was done so

781

00:36:19,710 --> 00:36:16,550

all of the things that modern

782

00:36:22,750 --> 00:36:19,720

methodologies give us antihistamines

783

00:36:26,350 --> 00:36:22,760

anti-inflammatories antibiotics they

784

00:36:29,680 --> 00:36:26,360

sabotage the body's repair process now

785

00:36:32,380 --> 00:36:29,690

when your body cannot do adequate

786

00:36:35,560 --> 00:36:32,390

delivery to a site that's damaged of

787

00:36:38,220 --> 00:36:35,570

repair materials because it's been let's

788

00:36:41,980 --> 00:36:38,230

say impeded by modern medicine

789

00:36:46,510 --> 00:36:41,990

suggestions right you will have too many

790

00:36:51,120 --> 00:36:46,520

dying cells too many unrepaired damaged

791

00:36:53,920 --> 00:36:51,130

tissues in that area and that's when the

792

00:36:56,380 --> 00:36:53,930

opportunistic microorganisms that live

793

00:36:59,680 --> 00:36:56,390

inside you the fungi and the bacteria

794

00:37:02,140 --> 00:36:59,690

they are called into action they say oh

795

00:37:04,570 --> 00:37:02,150

my gosh I've got to start eating look at

796

00:37:07,240 --> 00:37:04,580

the buffet I have and they start feeding

797

00:37:09,760 --> 00:37:07,250

on those materials in your body that are

798

00:37:12,130 --> 00:37:09,770

not repaired and that are dead and dying

799

00:37:14,860 --> 00:37:12,140

organic debris those are the

800

00:37:19,600 --> 00:37:14,870

detritivores the decomposers that live

801
00:37:22,300 --> 00:37:19,610
within our bodies and if our body still

802
00:37:24,490 --> 00:37:22,310
cannot bring in enough repair materials

803
00:37:27,460 --> 00:37:24,500
now that the stuff that's toxifying our

804
00:37:30,850 --> 00:37:27,470
own debris will toxify us eventually if

805
00:37:31,240 --> 00:37:30,860
the body cannot get caught up so to

806
00:37:33,580 --> 00:37:31,250
speak

807
00:37:37,060 --> 00:37:33,590
while the detritivores that we contain

808
00:37:40,710 --> 00:37:37,070
start helping then you get a complete

809
00:37:42,280 --> 00:37:40,720
over production of detritivores of

810
00:37:45,040 --> 00:37:42,290
microorganisms and then your blood

811
00:37:47,800 --> 00:37:45,050
becomes contaminated by them because of

812
00:37:49,360 --> 00:37:47,810
their waste materials and that's when

813
00:37:53,080 --> 00:37:49,370

you go into a state called septic shock

814

00:37:55,720 --> 00:37:53,090

so what do antibiotics do I had to

815

00:37:58,530 --> 00:37:55,730

figure this up by pure thinking when

816

00:38:00,970 --> 00:37:58,540

your body when your cells are not

817

00:38:03,820 --> 00:38:00,980

supplying or coming in in the right

818

00:38:06,660 --> 00:38:03,830

formation and numbers to fix a damaged

819

00:38:08,860 --> 00:38:06,670

area and the bacterium and the

820

00:38:11,620 --> 00:38:08,870

microorganisms inside you are taking

821

00:38:14,230 --> 00:38:11,630

over and they are becoming too plentiful

822

00:38:16,990 --> 00:38:14,240

there's too much population of that then

823

00:38:19,330 --> 00:38:17,000

antibiotics are given to you and boom

824

00:38:20,500 --> 00:38:19,340

they kill off the bacteria so now you

825

00:38:21,520 --> 00:38:20,510

have another chance

826

00:38:24,670 --> 00:38:21,530

now you don't

827

00:38:27,400 --> 00:38:24,680

have a bacterial over reproduction you

828

00:38:30,550 --> 00:38:27,410

have a chance to start if you're given

829

00:38:32,380 --> 00:38:30,560

enough other nutrients along with it and

830

00:38:34,150 --> 00:38:32,390

they do they'll give you glucose saline

831

00:38:37,180 --> 00:38:34,160

solution there give you certain minerals

832

00:38:38,470 --> 00:38:37,190

that will help you to get caught up but

833

00:38:40,240 --> 00:38:38,480

they're not giving you enough of the

834

00:38:42,360 --> 00:38:40,250

right materials in a hospital setting

835

00:38:45,610 --> 00:38:42,370

but if you know enough to seek

836

00:38:49,240 --> 00:38:45,620

additional nutritional support for

837

00:38:52,390 --> 00:38:49,250

cellular biology then you can get caught

838

00:38:55,870 --> 00:38:52,400

up and those bacteria will not overcrowd

839

00:38:58,270 --> 00:38:55,880

your body but antibiotics don't always

840

00:39:02,230 --> 00:38:58,280

work and when they don't work it's

841

00:39:06,070 --> 00:39:02,240

because you just didn't have enough of a

842

00:39:08,470 --> 00:39:06,080

chance to catch up and bacterial over

843

00:39:10,750 --> 00:39:08,480

production will get you in the end or

844

00:39:13,240 --> 00:39:10,760

the antibiotics will kill off good and

845

00:39:16,000 --> 00:39:13,250

helpful bacteria as well as we know they

846

00:39:19,150 --> 00:39:16,010

do so I don't know that makes sense but

847

00:39:20,890 --> 00:39:19,160

we have a system of cooperation in our

848

00:39:22,960 --> 00:39:20,900

bodies we have our own process of

849

00:39:25,930 --> 00:39:22,970

cellular repair which includes

850

00:39:28,990 --> 00:39:25,940

chemotaxis and the elimination and

851
00:39:31,960 --> 00:39:29,000
ingestion and absorption you could say

852
00:39:33,940 --> 00:39:31,970
our own dying tissues and when we cannot

853
00:39:35,530 --> 00:39:33,950
do enough of that when the dying tissues

854
00:39:37,720 --> 00:39:35,540
still keep occurring

855
00:39:40,480 --> 00:39:37,730
we've got bacteria and organisms that

856
00:39:43,420 --> 00:39:40,490
live inside us fungi like yeast candida

857
00:39:46,120 --> 00:39:43,430
candida will eat dying cells and when

858
00:39:48,430 --> 00:39:46,130
Candida has a ton of food to eat a ton

859
00:39:50,860 --> 00:39:48,440
of dying cells you have a candida

860
00:39:54,070 --> 00:39:50,870
infection that's also a state of sepsis

861
00:39:56,410 --> 00:39:54,080
they call it so you've got to keep that

862
00:39:59,350 --> 00:39:56,420
all in balance and you've got to be able

863
00:40:02,670 --> 00:39:59,360

to bring in proper nutrients into your

864

00:40:06,220 --> 00:40:02,680

body as it's trying to keep these cells

865

00:40:08,800 --> 00:40:06,230

rebuilding and the bacteria at bay the

866

00:40:10,930 --> 00:40:08,810

bacteria are helpers they are called in

867

00:40:12,970 --> 00:40:10,940

when your cells are dying too many

868

00:40:13,930 --> 00:40:12,980

numbers so I don't know hopefully that

869

00:40:16,780 --> 00:40:13,940

makes sense so it's this whole

870

00:40:20,440 --> 00:40:16,790

cooperation system that's at the root of

871

00:40:22,120 --> 00:40:20,450

life right yeah it definitely does make

872

00:40:24,760 --> 00:40:22,130

sense although it is a kind of a new

873

00:40:27,400 --> 00:40:24,770

paradigm to hear about although I have

874

00:40:29,710 --> 00:40:27,410

talked to some researchers about things

875

00:40:31,690 --> 00:40:29,720

connected to this like antibiotics and

876

00:40:34,090 --> 00:40:31,700

the idea that only because of the

877

00:40:35,330 --> 00:40:34,100

massive infections during war and the

878

00:40:37,430 --> 00:40:35,340

rolling out of pen

879

00:40:39,770 --> 00:40:37,440

Selin you know that was actually

880

00:40:42,350 --> 00:40:39,780

responsible for the polio problem which

881

00:40:44,270 --> 00:40:42,360

then they solved with a vaccine that was

882

00:40:46,550 --> 00:40:44,280

tainted with the sv40 virus which

883

00:40:48,560 --> 00:40:46,560

created our modern cancer epidemic so

884

00:40:50,780 --> 00:40:48,570

I've talked about some things that are

885

00:40:52,880 --> 00:40:50,790

similar to this or in this realm but it

886

00:40:55,010 --> 00:40:52,890

does seem like they'll roll out

887

00:40:57,260 --> 00:40:55,020

something to solve one problem that

888

00:40:58,730 --> 00:40:57,270

creates an even bigger problem they

889

00:41:00,710 --> 00:40:58,740

patch that up with something else that

890

00:41:02,840 --> 00:41:00,720

creates an even bigger problem it's the

891

00:41:05,630 --> 00:41:02,850

same problem reaction solution applied

892

00:41:08,990 --> 00:41:05,640

to the medical field it seems but it is

893

00:41:12,620 --> 00:41:09,000

a you know a tangled web for sure well

894

00:41:14,210 --> 00:41:12,630

quick I would volunteer that they are

895

00:41:16,340 --> 00:41:14,220

creating problems and then they're

896

00:41:18,380 --> 00:41:16,350

trotting out their solutions but these

897

00:41:22,760 --> 00:41:18,390

are not actual solutions they're just

898

00:41:25,220 --> 00:41:22,770

write further problems so cancer is not

899

00:41:29,840 --> 00:41:25,230

caused by a virus I have to tell you

900

00:41:32,000 --> 00:41:29,850

it's just not and this whole idea it's

901
00:41:34,310 --> 00:41:32,010
the same as you know AIDS was created in

902
00:41:36,880 --> 00:41:34,320
Fort Dietrich aids is not caused by a

903
00:41:42,610 --> 00:41:36,890
virus both cancer and AIDS are

904
00:41:48,620 --> 00:41:42,620
conditions of enormous cellular energy

905
00:41:51,950 --> 00:41:48,630
deficiency cells require energy to

906
00:41:55,310 --> 00:41:51,960
function and the energy currency of the

907
00:41:58,550 --> 00:41:55,320
cell is adenosine triphosphate ATP have

908
00:42:03,410 --> 00:41:58,560
you heard of that mm-hmm so what happens

909
00:42:07,730 --> 00:42:03,420
is mitochondria are the organisms in the

910
00:42:10,430 --> 00:42:07,740
cell that furnish the cell with ATP it's

911
00:42:12,380 --> 00:42:10,440
one of the molecules that the body

912
00:42:15,650 --> 00:42:12,390
actually recycles buddy will recycle

913
00:42:18,520 --> 00:42:15,660

cholesterol and recycle ATP so depending

914

00:42:23,230 --> 00:42:18,530

on what kind of cell you have it has

915

00:42:26,150 --> 00:42:23,240

millions up to millions of ATP in it and

916

00:42:29,660 --> 00:42:26,160

your cells drink electrons out of the

917

00:42:32,330 --> 00:42:29,670

ATP all day long to do everything and if

918

00:42:34,310 --> 00:42:32,340

you don't have enough electrons that's

919

00:42:36,890 --> 00:42:34,320

what life is life is the intake of

920

00:42:39,650 --> 00:42:36,900

electrons on the cellular level the

921

00:42:41,750 --> 00:42:39,660

cells become exhausted they can't do

922

00:42:43,460 --> 00:42:41,760

their housekeeping they can't detox they

923

00:42:45,170 --> 00:42:43,470

can't rebuild they can't repair their

924

00:42:46,190 --> 00:42:45,180

membranes and all kinds of stuff they

925

00:42:49,540 --> 00:42:46,200

can't do and they

926

00:42:53,599 --> 00:42:49,550

dying but before they die completely

927

00:42:56,380 --> 00:42:53,609

cells can they make a last-ditch effort

928

00:43:02,089 --> 00:42:56,390

to survive now you know that cells

929

00:43:05,240 --> 00:43:02,099

reproduce by division then a cell or a

930

00:43:08,089 --> 00:43:05,250

cell line can go through 70 subdivisions

931

00:43:10,550 --> 00:43:08,099

in our bodies and then it's retired it's

932

00:43:11,599 --> 00:43:10,560

told that's it you're too old new cells

933

00:43:16,150 --> 00:43:11,609

will replace you

934

00:43:19,040 --> 00:43:16,160

so when cells become extremely tired

935

00:43:22,010 --> 00:43:19,050

extremely energy deficient it's called

936

00:43:24,370 --> 00:43:22,020

oxidative stress because there's too

937

00:43:29,450 --> 00:43:24,380

much energy loss and not enough energy

938

00:43:32,180 --> 00:43:29,460

resupply when cells become oxidated and

939

00:43:36,500 --> 00:43:32,190

they're in too much energy loss they

940

00:43:38,480 --> 00:43:36,510

will go into psycho reproduction they

941

00:43:41,240 --> 00:43:38,490

will just subdivide subdivide subdivide

942

00:43:44,270 --> 00:43:41,250

there's a program in the body called

943

00:43:46,310 --> 00:43:44,280

apoptosis that tells cells when they

944

00:43:50,420 --> 00:43:46,320

need to retire and these cells that are

945

00:43:51,950 --> 00:43:50,430

very energy deprived can become death to

946

00:43:55,400 --> 00:43:51,960

that program and they just keep

947

00:43:58,099 --> 00:43:55,410

subdividing and that is a tumor that's

948

00:44:00,859 --> 00:43:58,109

called an infinite cell or a V ro cell

949

00:44:03,829 --> 00:44:00,869

line and that's what cancer is cancer is

950

00:44:06,770 --> 00:44:03,839

a cell that can no longer make energy in

951
00:44:09,079 --> 00:44:06,780
the nucleus with the mitochondria and it

952
00:44:11,180 --> 00:44:09,089
turns to the cytoplasm temporarily this

953
00:44:14,510 --> 00:44:11,190
is a throwback mechanism we have we're

954
00:44:17,329 --> 00:44:14,520
about 20 percent glucose feeding and 80

955
00:44:19,760 --> 00:44:17,339
percent oxygen metabolizing so the cell

956
00:44:22,010 --> 00:44:19,770
becomes what's called glycolytic and it

957
00:44:25,970 --> 00:44:22,020
starts to make energy in the cytoplasm

958
00:44:27,800 --> 00:44:25,980
using enzymes out of glucose and it can

959
00:44:30,770 --> 00:44:27,810
do that for a while it's cancer cells

960
00:44:32,359 --> 00:44:30,780
also become very well defended the first

961
00:44:35,059 --> 00:44:32,369
thing they do is put up a very thick

962
00:44:36,920 --> 00:44:35,069
protein shield around themselves and

963
00:44:39,349 --> 00:44:36,930

they don't want anything coming in

964

00:44:42,260 --> 00:44:39,359

because they're so weak and the only

965

00:44:44,780 --> 00:44:42,270

materials in your body that can break

966

00:44:47,329 --> 00:44:44,790

down that protein that the cancer cell

967

00:44:49,700 --> 00:44:47,339

has around it are the twin enzymes from

968

00:44:53,329 --> 00:44:49,710

the pancreas trypsin and chymotrypsin

969

00:44:58,190 --> 00:44:53,339

and unfortunately these enzymes are used

970

00:44:59,600 --> 00:44:58,200

in the digestion of meat and soy so this

971

00:45:01,490 --> 00:44:59,610

is why you can actually

972

00:45:04,790 --> 00:45:01,500

increase the size of a cancerous tumor

973

00:45:09,230 --> 00:45:04,800

by adding meat and soy to the diet and

974

00:45:12,530 --> 00:45:09,240

animal products or taking them out so

975

00:45:14,390 --> 00:45:12,540

soy protein is a very complex difficult

976

00:45:17,300 --> 00:45:14,400

protein to break down just like animal

977

00:45:20,240 --> 00:45:17,310

protein so that's the nature of cancer

978

00:45:22,850 --> 00:45:20,250

it's pure energy deficiency and AIDS is

979

00:45:27,320 --> 00:45:22,860

simply a collection of symptoms that are

980

00:45:29,720 --> 00:45:27,330

caused by energy deficiency not by HIV

981

00:45:32,420 --> 00:45:29,730

or any virus and I would recommend the

982

00:45:34,280 --> 00:45:32,430

work of dr. banks Nancy Turner banks the

983

00:45:37,700 --> 00:45:34,290

book called AIDS opium diamonds and

984

00:45:40,250 --> 00:45:37,710

Empire it's a very dense thick book but

985

00:45:43,970 --> 00:45:40,260

it will drill this information into your

986

00:45:45,440 --> 00:45:43,980

head and this does make sense and I just

987

00:45:47,990 --> 00:45:45,450

want to elaborate on it a little bit

988

00:45:50,600 --> 00:45:48,000

more because it is such a different

989

00:45:52,850 --> 00:45:50,610

paradigm for people listening most

990

00:45:54,710 --> 00:45:52,860

likely but what is disease really

991

00:45:56,960 --> 00:45:54,720

because I mean people do get sick with

992

00:45:59,030 --> 00:45:56,970

things were told or viruses like the flu

993

00:46:01,160 --> 00:45:59,040

or chickenpox or even sexually

994

00:46:03,320 --> 00:46:01,170

transmitted diseases like herpes and

995

00:46:04,970 --> 00:46:03,330

whatnot of course we can't see these

996

00:46:06,770 --> 00:46:04,980

things with the naked eye but it seems

997

00:46:08,540 --> 00:46:06,780

fairly easy to see the cause and effect

998

00:46:10,670 --> 00:46:08,550

in some of these cases if you sleep with

999

00:46:12,740 --> 00:46:10,680

someone who has gonorrhea you're gonna

1000

00:46:15,140 --> 00:46:12,750

get it if you hang out around someone

1001
00:46:16,880 --> 00:46:15,150
with chickenpox you're might get it

1002
00:46:18,890 --> 00:46:16,890
should we be seeing these things

1003
00:46:20,870 --> 00:46:18,900
differently is there or something about

1004
00:46:24,290 --> 00:46:20,880
this contagiousness element that's a

1005
00:46:26,870 --> 00:46:24,300
fallacy yes we should be seeing these

1006
00:46:28,550 --> 00:46:26,880
things differently and look I am NOT a

1007
00:46:30,410 --> 00:46:28,560
scientist so you're gonna have to bear

1008
00:46:33,860 --> 00:46:30,420
with me as I try to explain it because

1009
00:46:36,980 --> 00:46:33,870
this is new to me - all right mm-hmm

1010
00:46:40,270 --> 00:46:36,990
so I'll explain to you what I think a

1011
00:46:44,930 --> 00:46:40,280
cold is it has to do with sepsis

1012
00:46:47,660 --> 00:46:44,940
so come fall where we are now the Sun is

1013
00:46:49,280 --> 00:46:47,670

that we'll call it receding there's less

1014

00:46:52,040 --> 00:46:49,290

of it it gets dark really it's much

1015

00:46:57,140 --> 00:46:52,050

colder yeah mm-hm and we are busy

1016

00:46:58,970 --> 00:46:57,150

creating energy to keep warm and in the

1017

00:47:01,790 --> 00:46:58,980

old days we didn't have enough with the

1018

00:47:04,700 --> 00:47:01,800

right foods we were vitamin and nutrient

1019

00:47:07,490 --> 00:47:04,710

deprived in these seasons but mainly

1020

00:47:10,520 --> 00:47:07,500

what I want to focus on is our tissues

1021

00:47:12,780 --> 00:47:10,530

so we've got we have certain tissues

1022

00:47:15,780 --> 00:47:12,790

that are constantly exposed to

1023

00:47:18,300 --> 00:47:15,790

the environment like your mouth your

1024

00:47:21,630 --> 00:47:18,310

nose your respiratory tract you're

1025

00:47:24,840 --> 00:47:21,640

inhaling you breathe like 20 to 25,000

1026
00:47:27,780 --> 00:47:24,850
times a day right so all this stuff is

1027
00:47:30,300 --> 00:47:27,790
coming in and your body needs to replace

1028
00:47:33,960 --> 00:47:30,310
and repair these membranes and these

1029
00:47:35,970 --> 00:47:33,970
tissue linings on a seasonal basis

1030
00:47:38,520 --> 00:47:35,980
you can't expect for your lung tissue to

1031
00:47:40,500 --> 00:47:38,530
last all your life so your body goes

1032
00:47:42,390 --> 00:47:40,510
through especially in the winter as

1033
00:47:44,780 --> 00:47:42,400
winter is coming they call it cold and

1034
00:47:47,970 --> 00:47:44,790
flu season your body goes through a

1035
00:47:50,310 --> 00:47:47,980
replenishment a rebuilding of important

1036
00:47:52,890 --> 00:47:50,320
tissues that encounter the environment

1037
00:47:57,240 --> 00:47:52,900
these would be in your nasal passages in

1038
00:48:00,210 --> 00:47:57,250

your throat and in your lungs so what

1039

00:48:03,350 --> 00:48:00,220

happens you have to hack cough sneeze

1040

00:48:05,300 --> 00:48:03,360

you have to remove all those old cells

1041

00:48:07,400 --> 00:48:05,310

and then you have to build new ones and

1042

00:48:10,700 --> 00:48:07,410

it takes a lot of energy to build new

1043

00:48:13,100 --> 00:48:10,710

cells so you feel crappy you're tired

1044

00:48:14,990 --> 00:48:13,110

your body runs a fever because while

1045

00:48:18,230 --> 00:48:15,000

it's kicking out all those dying cells

1046

00:48:20,030 --> 00:48:18,240

the microorganisms are are going hey we

1047

00:48:21,830 --> 00:48:20,040

have food look everyone let's eat this

1048

00:48:23,990 --> 00:48:21,840

stuff we don't want those microorganisms

1049

00:48:26,510 --> 00:48:24,000

to go into overproduction

1050

00:48:28,940 --> 00:48:26,520

so heat fever keeps those numbers down

1051
00:48:30,650 --> 00:48:28,950
and you hack and sniff and sneeze and

1052
00:48:32,300 --> 00:48:30,660
then you're okay and you feel much

1053
00:48:35,630 --> 00:48:32,310
stronger because now you have all new

1054
00:48:37,400 --> 00:48:35,640
linings so this is why when you go over

1055
00:48:39,350 --> 00:48:37,410
to a friend's house and their kids are

1056
00:48:41,450 --> 00:48:39,360
hacking and sneezing and they're sick

1057
00:48:44,150 --> 00:48:41,460
you don't get sick because you just did

1058
00:48:47,750 --> 00:48:44,160
it three weeks ago if you go to their

1059
00:48:50,240 --> 00:48:47,760
house and all this stuff these little

1060
00:48:53,780 --> 00:48:50,250
droplets are in the air and you do gets

1061
00:48:55,610 --> 00:48:53,790
it it could be for two reasons one that

1062
00:48:58,070 --> 00:48:55,620
you're getting a resonant signal your

1063
00:48:59,930 --> 00:48:58,080

body is being you know reminded hey have

1064

00:49:02,900 --> 00:48:59,940

you done this yet no we should do it

1065

00:49:05,780 --> 00:49:02,910

then or you are experiencing what's

1066

00:49:09,440 --> 00:49:05,790

called the microbiome of too many people

1067

00:49:10,910 --> 00:49:09,450

and you then it's too much for your body

1068

00:49:13,340 --> 00:49:10,920

and I'll get into this microbiome

1069

00:49:14,720 --> 00:49:13,350

discussion because it just is very new

1070

00:49:17,150 --> 00:49:14,730

for me I haven't even talked about it on

1071

00:49:19,310 --> 00:49:17,160

the area so anyway how does that strike

1072

00:49:23,090 --> 00:49:19,320

you as an explanation for cold and flu

1073

00:49:25,850 --> 00:49:23,100

well it's interesting it's possible I

1074

00:49:27,860 --> 00:49:25,860

like the resonance signal idea

1075

00:49:29,780 --> 00:49:27,870

it's just tough because I really don't

1076
00:49:31,730 --> 00:49:29,790
trust the mainstream Western view on a

1077
00:49:34,460 --> 00:49:31,740
lot of these things but it's hard to

1078
00:49:36,950 --> 00:49:34,470
know how far to go with the alternative

1079
00:49:38,780 --> 00:49:36,960
or what really are put in its place but

1080
00:49:41,720 --> 00:49:38,790
I did want to revisit the inflammation

1081
00:49:44,600 --> 00:49:41,730
issue though because let's say someone

1082
00:49:48,020 --> 00:49:44,610
has Crohn's disease or something related

1083
00:49:49,550 --> 00:49:48,030
to chronic inflammation how should they

1084
00:49:51,860 --> 00:49:49,560
think about this stuff because their

1085
00:49:54,710 --> 00:49:51,870
bodies don't seem to be healing

1086
00:49:56,270 --> 00:49:54,720
themselves in this process maybe because

1087
00:49:58,460 --> 00:49:56,280
they keep disrupting it because of

1088
00:50:00,080 --> 00:49:58,470

advice from their doctors but how can

1089

00:50:02,600 --> 00:50:00,090

someone with a condition of chronic

1090

00:50:04,310 --> 00:50:02,610

inflammation actually correct the

1091

00:50:07,360 --> 00:50:04,320

problem properly or address it

1092

00:50:11,240 --> 00:50:07,370

differently in this alternative paradigm

1093

00:50:14,990 --> 00:50:11,250

ok so Crohn's disease then or anything

1094

00:50:17,170 --> 00:50:15,000

that is repetitive in nature I would

1095

00:50:19,599 --> 00:50:17,180

assume that Crohn's disease

1096

00:50:21,849 --> 00:50:19,609

is in the spectrum of autoimmune issues

1097

00:50:24,670 --> 00:50:21,859

that's what I really think it is a lot

1098

00:50:28,990 --> 00:50:24,680

of these chronic illnesses are due to

1099

00:50:31,569 --> 00:50:29,000

autoimmune irregularities but anyway I

1100

00:50:34,660 --> 00:50:31,579

would tell that person to start

1101

00:50:39,700 --> 00:50:34,670

educating themselves on

1102

00:50:41,470 --> 00:50:39,710

will cellular nutrition what do they

1103

00:50:43,150 --> 00:50:41,480

need to give their bodies for instance

1104

00:50:47,950 --> 00:50:43,160

let me give you an example this is so

1105

00:50:52,060 --> 00:50:47,960

commonly unknown a new expression but

1106

00:50:54,340 --> 00:50:52,070

we're told to reduce salt right oh don't

1107

00:50:57,460 --> 00:50:54,350

eat so much salt salt be sodium free

1108

00:51:00,490 --> 00:50:57,470

okay why is that that is because they

1109

00:51:04,360 --> 00:51:00,500

put on our shelves a hundred or so years

1110

00:51:07,150 --> 00:51:04,370

ago a product called table salt what is

1111

00:51:07,330 --> 00:51:07,160

it NaCl sodium chloride that's what it

1112

00:51:14,380 --> 00:51:07,340

is

1113

00:51:22,510 --> 00:51:14,390

salt

1114

00:51:24,730 --> 00:51:22,520

veins they call them in the earth and

1115

00:51:27,580 --> 00:51:24,740

then there's also salt that has flooded

1116

00:51:29,380 --> 00:51:27,590

the ocean over the millennia rivers have

1117

00:51:32,110 --> 00:51:29,390

carried minerals and dumped sediments

1118

00:51:37,660 --> 00:51:32,120

and minerals in the ocean for millions

1119

00:51:41,590 --> 00:51:37,670

of years so natural salt is accompanied

1120

00:51:45,280 --> 00:51:41,600

by a huge complement of trace minerals

1121

00:51:49,210 --> 00:51:45,290

so up to a hundred hundred twenty trace

1122

00:51:52,870 --> 00:51:49,220

minerals in Himalayan salt celtic salt

1123

00:51:55,330 --> 00:51:52,880

real sea salt and real earth salt so

1124

00:51:57,670 --> 00:51:55,340

that's real salt we need salt

1125

00:51:59,580 --> 00:51:57,680

Greg we need salt because our body

1126
00:52:02,320 --> 00:51:59,590
really needs sodium for the blood stream

1127
00:52:04,510 --> 00:52:02,330
it needs things like the chloride salt

1128
00:52:07,030 --> 00:52:04,520
is something like 80 to 95 percent

1129
00:52:09,310 --> 00:52:07,040
sodium chloride and then this complement

1130
00:52:11,020 --> 00:52:09,320
of up to a hundred or more trace

1131
00:52:13,510 --> 00:52:11,030
minerals and we need those trace

1132
00:52:16,930 --> 00:52:13,520
minerals because the body uses them it

1133
00:52:20,950 --> 00:52:16,940
uses them in its biochemistry so when

1134
00:52:22,660 --> 00:52:20,960
you eat modern food that's prepared like

1135
00:52:24,730 --> 00:52:22,670
you go to restaurants they don't use sea

1136
00:52:27,550 --> 00:52:24,740
salt they will tell you when they use

1137
00:52:28,660 --> 00:52:27,560
sea salt because it's special but they

1138
00:52:30,430 --> 00:52:28,670

use table salt

1139

00:52:32,800 --> 00:52:30,440

these prepared preservative Laden foods

1140

00:52:35,440 --> 00:52:32,810

are full of table salt and table salt is

1141

00:52:38,460 --> 00:52:35,450

it's what they call a dead food it's a

1142

00:52:41,680 --> 00:52:38,470

devitalized food that deprives you of

1143

00:52:44,590 --> 00:52:41,690

hundreds of trace minerals so one thing

1144

00:52:47,140 --> 00:52:44,600

that I would recommend to people is hey

1145

00:52:47,579 --> 00:52:47,150

start using natural salt because it's

1146

00:52:49,920 --> 00:52:47,589

going to get

1147

00:52:52,019 --> 00:52:49,930

view this enormous spectrum of minerals

1148

00:52:54,150 --> 00:52:52,029

that your body only needs teeny amounts

1149

00:52:56,489 --> 00:52:54,160

of and you'll start to feel better right

1150

00:53:00,930 --> 00:52:56,499

now that's not medical advice that's

1151
00:53:03,690 --> 00:53:00,940
common sense so one needs to educate

1152
00:53:08,459 --> 00:53:03,700
oneself as to how to boost the body's

1153
00:53:12,109 --> 00:53:08,469
natural systems with natural foods and

1154
00:53:16,319 --> 00:53:12,119
natural supplements in natural forms

1155
00:53:18,690 --> 00:53:16,329
well said so for people who might be

1156
00:53:20,370 --> 00:53:18,700
skeptical it does seem like you know

1157
00:53:22,680 --> 00:53:20,380
several people personally who have

1158
00:53:24,959 --> 00:53:22,690
healed themselves of various conditions

1159
00:53:27,059 --> 00:53:24,969
without Big Pharma can you share some

1160
00:53:29,519 --> 00:53:27,069
examples with the people to maybe

1161
00:53:31,319 --> 00:53:29,529
strengthen the case that you know this

1162
00:53:32,299 --> 00:53:31,329
alternative paradigm is closer to the

1163
00:53:36,109 --> 00:53:32,309

truth

1164

00:53:38,339 --> 00:53:36,119

Gregg I can certainly do that for my own

1165

00:53:40,759 --> 00:53:38,349

relationships that I've had people have

1166

00:53:45,809 --> 00:53:40,769

come to know but I can talk about myself

1167

00:53:49,200 --> 00:53:45,819

sure so I am a big fan of iodine and

1168

00:53:52,229 --> 00:53:49,210

magnesium and real salt those three

1169

00:53:58,079 --> 00:53:52,239

things which together might cost you

1170

00:54:01,049 --> 00:53:58,089

about 25 cents or 30 cents a day I mean

1171

00:54:02,089 --> 00:54:01,059

even bombs on the street could afford

1172

00:54:07,170 --> 00:54:02,099

that

1173

00:54:09,930 --> 00:54:07,180

hmm 25 cents a day I had such an amazing

1174

00:54:12,269 --> 00:54:09,940

boost in well being in health from

1175

00:54:14,430 --> 00:54:12,279

iodine a nutritionist turned me on to

1176

00:54:17,069 --> 00:54:14,440

iodine she made an offhand comment and

1177

00:54:18,959 --> 00:54:17,079

it just resonated with me I got very

1178

00:54:25,680 --> 00:54:18,969

excited it was in the month of November

1179

00:54:27,930 --> 00:54:25,690

I would guess in 2010 or 11 and I bought

1180

00:54:30,239 --> 00:54:27,940

a bottle from her and I started to take

1181

00:54:31,650 --> 00:54:30,249

it and I started with one drop like she

1182

00:54:33,839 --> 00:54:31,660

told me and then I went up to you about

1183

00:54:35,549 --> 00:54:33,849

four drops after two or three weeks and

1184

00:54:37,670 --> 00:54:35,559

I was on this for a drop of nascent

1185

00:54:40,650 --> 00:54:37,680

iodine which I do sell in my store

1186

00:54:43,890 --> 00:54:40,660

avatar products calm there in

1187

00:54:47,249 --> 00:54:43,900

inexpensive so I started taking this

1188

00:54:50,099 --> 00:54:47,259

iodine and suddenly within about a month

1189

00:54:51,359 --> 00:54:50,109

I thought why do I feel so good I feel

1190

00:54:53,309 --> 00:54:51,369

like I feel in the summer

1191

00:54:55,170 --> 00:54:53,319

now I swim a lot in the ocean which

1192

00:54:58,380 --> 00:54:55,180

there's tons of iodine in the water

1193

00:55:00,579 --> 00:54:58,390

cuz kelp wise kelp brown seaweed is

1194

00:55:03,819 --> 00:55:00,589

brown because it stores I

1195

00:55:06,849 --> 00:55:03,829

so you get a lot of absorption of iodine

1196

00:55:09,099 --> 00:55:06,859

when you're in ocean water and I felt in

1197

00:55:13,469 --> 00:55:09,109

November the same way I felt in July

1198

00:55:17,529 --> 00:55:13,479

August lean mean fighting machine happy

1199

00:55:19,420 --> 00:55:17,539

full of energy and pet and I thought now

1200

00:55:21,939 --> 00:55:19,430

why is that and it just hit me

1201

00:55:23,949 --> 00:55:21,949

it's that iodine and then I made the

1202

00:55:25,900 --> 00:55:23,959

connection between swimming in the ocean

1203

00:55:27,489 --> 00:55:25,910

in the summer and how good I feel in the

1204

00:55:30,749 --> 00:55:27,499

summer and then how did you Agee I

1205

00:55:33,910 --> 00:55:30,759

always get in November so iodine is

1206

00:55:35,999 --> 00:55:33,920

extremely important in fact it is needed

1207

00:55:38,799 --> 00:55:36,009

by every single cell in your body it's

1208

00:55:42,039 --> 00:55:38,809

extremely needed by your reproductive

1209

00:55:44,679 --> 00:55:42,049

system all your reproductive glands and

1210

00:55:47,079 --> 00:55:44,689

organs the breasts will compete with the

1211

00:55:51,359 --> 00:55:47,089

thyroid for iodine the thyroid is your

1212

00:55:54,069 --> 00:55:51,369

master iodine user it creates four

1213

00:55:55,509 --> 00:55:54,079

hormones they're called together thyroid

1214

00:55:59,170 --> 00:55:55,519

hormone but they're actually four of

1215

00:56:02,559 --> 00:55:59,180

them and the abbreviated names our t1 t2

1216

00:56:05,529 --> 00:56:02,569

t3 and t4 so what are the one two three

1217

00:56:08,650 --> 00:56:05,539

four those are the atoms of iodine in

1218

00:56:11,229 --> 00:56:08,660

each of those varieties of thyroid

1219

00:56:13,269 --> 00:56:11,239

hormones so tea forests thyroxine and

1220

00:56:14,679 --> 00:56:13,279

it's used by the brain it's very

1221

00:56:15,669 --> 00:56:14,689

important for brain development and

1222

00:56:20,109 --> 00:56:15,679

clear thinking

1223

00:56:22,239 --> 00:56:20,119

so iodine is put into your thyroid

1224

00:56:24,669 --> 00:56:22,249

hormones and your thyroid hormones

1225

00:56:27,579 --> 00:56:24,679

traveled throughout your body they

1226

00:56:30,189 --> 00:56:27,589

regulate all your glands they reach all

1227

00:56:33,339 --> 00:56:30,199

your cells and for instance tissues of

1228

00:56:35,140 --> 00:56:33,349

the intestines the red blood cells the

1229

00:56:39,130 --> 00:56:35,150

salivary glands tissues of the eye the

1230

00:56:42,459 --> 00:56:39,140

brain that the skin iodine dependent and

1231

00:56:44,890 --> 00:56:42,469

where you have iodine deficiency in

1232

00:56:48,609 --> 00:56:44,900

certain cells and systems you're gonna

1233

00:56:51,249 --> 00:56:48,619

end up with this failure to heed the

1234

00:56:53,229 --> 00:56:51,259

it's time for you to retire mister cell

1235

00:56:55,809 --> 00:56:53,239

you subdivide at seventy times that's

1236

00:56:59,469 --> 00:56:55,819

called apoptosis and then you're going

1237

00:57:01,359 --> 00:56:59,479

to end up with possible cancers so many

1238

00:57:05,069 --> 00:57:01,369

independent studies have come to the

1239

00:57:09,099 --> 00:57:05,079

conclusion that the epidemic of breast

1240

00:57:12,359 --> 00:57:09,109

prostate uterine ovarian testicular

1241

00:57:14,420 --> 00:57:12,369

cancer is due to iodine deficiency

1242

00:57:17,599 --> 00:57:14,430

hmm

1243

00:57:19,819 --> 00:57:17,609

so iodine this simple element that it

1244

00:57:21,559 --> 00:57:19,829

costs almost nothing take a few drops a

1245

00:57:27,079 --> 00:57:21,569

day just see how you feel with it and

1246

00:57:30,019 --> 00:57:27,089

yet in about 1980 medical students

1247

00:57:32,809 --> 00:57:30,029

stopped hearing about iodine the AMA

1248

00:57:35,180 --> 00:57:32,819

started putting the word out the memo to

1249

00:57:37,549 --> 00:57:35,190

medical school instructors hey don't

1250

00:57:39,500 --> 00:57:37,559

mention anything about iodine don't tell

1251
00:57:41,660 --> 00:57:39,510
them tell them it messes up the thyroid

1252
00:57:44,240 --> 00:57:41,670
and that's what most doctors think today

1253
00:57:46,940 --> 00:57:44,250
yet iodine is necessary for the thyroid

1254
00:57:47,720 --> 00:57:46,950
it's vital to the thyroid and I'm going

1255
00:57:51,470 --> 00:57:47,730
to tell you why

1256
00:57:56,079 --> 00:57:51,480
at the same time starting about 30-40

1257
00:57:59,480 --> 00:57:56,089
years ago they began to put iodine's

1258
00:58:01,849 --> 00:57:59,490
relatives into our daily lives they just

1259
00:58:03,710 --> 00:58:01,859
daily to us with them what our iodine's

1260
00:58:06,559 --> 00:58:03,720
relatives go to the periodic table and

1261
00:58:09,650 --> 00:58:06,569
look iodine lines up with three or four

1262
00:58:13,039 --> 00:58:09,660
other elements among them bromine

1263
00:58:15,950 --> 00:58:13,049

chlorine and fluorine these other

1264

00:58:18,589 --> 00:58:15,960

elements are electromagnetically

1265

00:58:22,099 --> 00:58:18,599

negative in their charge their molecular

1266

00:58:25,700 --> 00:58:22,109

Li structure very much like iodine they

1267

00:58:27,980 --> 00:58:25,710

have the same atomic mass very similar

1268

00:58:30,170 --> 00:58:27,990

so the body is biochemically blind it's

1269

00:58:32,150 --> 00:58:30,180

only used to a few things that it uses

1270

00:58:34,190 --> 00:58:32,160

it's not used to a hundred thousand

1271

00:58:36,589 --> 00:58:34,200

man-made compounds is not used to

1272

00:58:38,269 --> 00:58:36,599

fluorine bromine and chlorine it doesn't

1273

00:58:40,640 --> 00:58:38,279

light those things but it because it's

1274

00:58:43,910 --> 00:58:40,650

biochemically blind when you drink

1275

00:58:45,380 --> 00:58:43,920

fluoridated water when you clean your

1276

00:58:48,380 --> 00:58:45,390

whole house to get rid of all those

1277

00:58:50,059 --> 00:58:48,390

germs with chlorine bleach when you swim

1278

00:58:52,309 --> 00:58:50,069

in a swimming pool or sit in a hot tub

1279

00:58:55,400 --> 00:58:52,319

that's got bromine in it for

1280

00:58:57,859 --> 00:58:55,410

disinfection purposes your poor thyroid

1281

00:59:00,920 --> 00:58:57,869

your cell receptors that are ready for

1282

00:59:02,599 --> 00:59:00,930

iodine are going what's this oh yeah it

1283

00:59:06,339 --> 00:59:02,609

looks like ionic let me use it and

1284

00:59:09,980 --> 00:59:06,349

you're getting brominated chlorinated

1285

00:59:13,250 --> 00:59:09,990

fluoridated thyroid hormone that's what

1286

00:59:15,140 --> 00:59:13,260

your thyroid is using and so your body

1287

00:59:18,519 --> 00:59:15,150

becomes very confused and very

1288

00:59:24,260 --> 00:59:18,529

debilitated because actual toxic

1289

00:59:25,660 --> 00:59:24,270

materials are now composing your thyroid

1290

00:59:26,950 --> 00:59:25,670

hormone

1291

00:59:29,730 --> 00:59:26,960

they're being carried and delivered

1292

00:59:31,809 --> 00:59:29,740

everywhere as though they were iodine

1293

00:59:33,609 --> 00:59:31,819

interesting and yeah you mentioned

1294

00:59:36,220 --> 00:59:33,619

fluoride that of course is a huge

1295

00:59:37,930 --> 00:59:36,230

buzzword in the conspiracy community but

1296

00:59:41,650 --> 00:59:37,940

it ties directly into this iodine

1297

00:59:45,039 --> 00:59:41,660

deficiency situation right absolutely

1298

00:59:46,839 --> 00:59:45,049

yeah and you know they've lied to us

1299

00:59:47,920 --> 00:59:46,849

they put it in the drinking water you

1300

00:59:48,220 --> 00:59:47,930

know why they put it in the drinking

1301

00:59:52,569 --> 00:59:48,230

water

1302

00:59:55,030 --> 00:59:52,579

why because fluoride was used in the

1303

00:59:57,730 --> 00:59:55,040

Manhattan Project in the race to build

1304

00:59:59,530 --> 00:59:57,740

the atomic bomb fluoride is considered

1305

01:00:01,569 --> 00:59:59,540

the bully of the periodic table it's a

1306

01:00:05,740 --> 01:00:01,579

very volatile element at room

1307

01:00:09,430 --> 01:00:05,750

temperature it can extract metal or from

1308

01:00:12,160 --> 01:00:09,440

rock and fluoride was used to refine

1309

01:00:14,559 --> 01:00:12,170

uranium it all through the Manhattan

1310

01:00:17,260 --> 01:00:14,569

Project and they had fluoride plants

1311

01:00:19,690 --> 01:00:17,270

everywhere in World War two they had

1312

01:00:23,589 --> 01:00:19,700

them in New Jersey DuPont you know was

1313

01:00:26,049 --> 01:00:23,599

using fluoride they had them in Hanford

1314

01:00:28,990 --> 01:00:26,059

Washington was using fluoride to make

1315

01:00:31,960 --> 01:00:29,000

plutonium and they had a Cuyahoga River

1316

01:00:33,549 --> 01:00:31,970

in Ohio that had a big fluoride plant

1317

01:00:35,049 --> 01:00:33,559

there and they would constantly have

1318

01:00:38,520 --> 01:00:35,059

fluoride explosions because it's very

1319

01:00:41,710 --> 01:00:38,530

very volatile and so all this noxious

1320

01:00:43,809 --> 01:00:41,720

smoke and dust was you out of factory

1321

01:00:45,760 --> 01:00:43,819

chimneys and it would land everywhere

1322

01:00:47,650 --> 01:00:45,770

this is what toxified New Jersey New

1323

01:00:49,750 --> 01:00:47,660

Jersey was called the Garden State and

1324

01:00:51,789 --> 01:00:49,760

now it's state of industry literally

1325

01:00:54,819 --> 01:00:51,799

fluoride explosions out of the DuPont

1326

01:00:57,460 --> 01:00:54,829

plant in World War two knocked over

1327

01:00:59,260 --> 01:00:57,470

horses cows trees everything fell to the

1328

01:01:01,720 --> 01:00:59,270

ground and died but you know what

1329

01:01:04,299 --> 01:01:01,730

Americans were loyal they wanted to win

1330

01:01:07,390 --> 01:01:04,309

the war he didn't want to make a big

1331

01:01:10,089 --> 01:01:07,400

problem people were getting sick people

1332

01:01:13,030 --> 01:01:10,099

were having skeletal fluorosis issues

1333

01:01:15,370 --> 01:01:13,040

they were having neurotoxic issues all

1334

01:01:17,530 --> 01:01:15,380

from these fluoride explosions and then

1335

01:01:19,510 --> 01:01:17,540

to say nothing of the industry workers I

1336

01:01:21,220 --> 01:01:19,520

think there was something like 600,000

1337

01:01:23,470 --> 01:01:21,230

people who worked in the Manhattan

1338

01:01:26,260 --> 01:01:23,480

Project threw out all the plants and

1339

01:01:29,260 --> 01:01:26,270

they started having massive toxification

1340

01:01:31,569 --> 01:01:29,270

they had teeth falling out bones that

1341

01:01:33,819 --> 01:01:31,579

were rotting and becoming like honeycomb

1342

01:01:35,470 --> 01:01:33,829

because the fluoride bores let me

1343

01:01:38,940 --> 01:01:35,480

explain this about fluoride fluoride

1344

01:01:41,520 --> 01:01:38,950

loves to bind with things one thing at

1345

01:01:43,349 --> 01:01:41,530

binds with is calcium it likes to seek

1346

01:01:45,089 --> 01:01:43,359

its own stability it's highly unstable

1347

01:01:47,430 --> 01:01:45,099

so it goes and binds with other elements

1348

01:01:49,650 --> 01:01:47,440

so we'll go into all your calcium rich

1349

01:01:51,780 --> 01:01:49,660

tissues your bones your teeth your

1350

01:01:55,170 --> 01:01:51,790

cartilage and it will make these little

1351

01:01:56,790 --> 01:01:55,180

calcium fluoride spikes and then they

1352

01:01:58,829 --> 01:01:56,800

get bigger and bigger and everything

1353

01:02:01,550 --> 01:01:58,839

starts to hurt all of your muscles catch

1354

01:02:05,460 --> 01:02:01,560

on these spikes and you can't move so

1355

01:02:07,680 --> 01:02:05,470

the industry workers from the Manhattan

1356

01:02:09,960 --> 01:02:07,690

Project after the war was one they said

1357

01:02:12,180 --> 01:02:09,970

well we feel like crap we're gonna start

1358

01:02:14,970 --> 01:02:12,190

suing and the government was receiving a

1359

01:02:17,540 --> 01:02:14,980

barrage of lawsuits so they scratched

1360

01:02:20,790 --> 01:02:17,550

their heads to a guy called Harold Hodge

1361

01:02:22,650 --> 01:02:20,800

he was a chemist and a super-duper

1362

01:02:25,290 --> 01:02:22,660

Manhattan Project consultant and

1363

01:02:28,410 --> 01:02:25,300

scientist and supervisor and it was

1364

01:02:30,390 --> 01:02:28,420

determined with Bernays Hodge all the

1365

01:02:35,339 --> 01:02:30,400

biggies in marketing government

1366

01:02:38,880 --> 01:02:35,349

marketing octopus to put fluoride in the

1367

01:02:40,770 --> 01:02:38,890

drinking water because then they could

1368

01:02:42,329 --> 01:02:40,780

tell us it protected our teeth and this

1369

01:02:44,520 --> 01:02:42,339

way the Manhattan Project workers would

1370

01:02:48,329 --> 01:02:44,530

not be able to claim where their

1371

01:02:50,460 --> 01:02:48,339

fluorosis came from interesting yeah I

1372

01:02:52,170 --> 01:02:50,470

mean anytime I get into an argument

1373

01:02:54,000 --> 01:02:52,180

about fluoride in the water and people

1374

01:02:55,680 --> 01:02:54,010

thinking oh you know you're one of those

1375

01:02:58,050 --> 01:02:55,690

people who say it's a big conspiracy I'm

1376

01:02:59,510 --> 01:02:58,060

like wool why not just put vitamins in

1377

01:03:02,099 --> 01:02:59,520

the water or something completely

1378

01:03:04,829 --> 01:03:02,109

non-controversial if it really was about

1379

01:03:06,630 --> 01:03:04,839

our health I mean this might be a lot of

1380

01:03:08,819 --> 01:03:06,640

new information for people but when you

1381

01:03:11,430 --> 01:03:08,829

look at the elite I mean Queen Elizabeth

1382

01:03:13,170 --> 01:03:11,440

is 90 Prince Philip is 95 David

1383

01:03:16,620 --> 01:03:13,180

Rockefeller is a hundred and one Henry

1384

01:03:18,750 --> 01:03:16,630

Kissinger is 95 George Bush senior's 92

1385

01:03:20,490 --> 01:03:18,760

I mean just look at the numbers it's not

1386

01:03:22,859 --> 01:03:20,500

just the money they have there's

1387

01:03:25,800 --> 01:03:22,869

definitely something fundamentally

1388

01:03:27,120 --> 01:03:25,810

different about the way they live that's

1389

01:03:28,680 --> 01:03:27,130

a very good point

1390

01:03:31,559 --> 01:03:28,690

are they being kept alive artificially

1391

01:03:33,450 --> 01:03:31,569

do they have access to things we don't

1392

01:03:35,790 --> 01:03:33,460

have access to I mean they don't look

1393

01:03:39,030 --> 01:03:35,800

great quite honestly David Walker it

1394

01:03:42,540 --> 01:03:39,040

looks like parchment mm-hmm but they are

1395

01:03:45,300 --> 01:03:42,550

still alive and you know life expectancy

1396

01:03:47,940 --> 01:03:45,310

for America has cascaded it's not an up

1397

01:03:49,980 --> 01:03:47,950

there at the top of the list as it used

1398

01:03:52,510 --> 01:03:49,990

to be or toward the top it's now I think

1399

01:03:56,110 --> 01:03:52,520

42 or 47 in the world

1400

01:03:59,410 --> 01:03:56,120

and yeah we are being you know we are

1401

01:04:03,730 --> 01:03:59,420

being forced to live with chemical

1402

01:04:05,890 --> 01:04:03,740

challenges and radiation challenges you

1403

01:04:08,440 --> 01:04:05,900

mentioned polio polio is a radiation

1404

01:04:12,280 --> 01:04:08,450

disease it's caused by chemicals and

1405

01:04:15,040 --> 01:04:12,290

radiation is not caused by a virus polio

1406

01:04:17,740 --> 01:04:15,050

is a big it's a big collection of

1407

01:04:20,170 --> 01:04:17,750

diseases there's a it's a spectrum again

1408

01:04:22,540 --> 01:04:20,180

it's an umbrella term in fact they

1409

01:04:25,030 --> 01:04:22,550

discovered back in the 1800s that the

1410

01:04:26,740 --> 01:04:25,040

children living near the apple orchards

1411

01:04:28,440 --> 01:04:26,750

in I think it was Massachusetts that

1412

01:04:32,290 --> 01:04:28,450

were being sprayed with chemical

1413

01:04:34,900 --> 01:04:32,300

pesticide they were falling ill and

1414

01:04:37,499 --> 01:04:34,910

becoming paralyzed and they called it

1415

01:04:42,479 --> 01:04:37,509

then polio

1416

01:04:45,870 --> 01:04:42,489

and then they renamed this polio and the

1417

01:04:47,729 --> 01:04:45,880

polio vaccine was a big scam and what

1418

01:04:50,879 --> 01:04:47,739

happened after they administered it - I

1419

01:04:54,179 --> 01:04:50,889

think was 400,000 American children they

1420

01:04:55,999 --> 01:04:54,189

said well guess what everybody's getting

1421

01:04:58,559 --> 01:04:56,009

sick they're getting sick

1422

01:05:00,359 --> 01:04:58,569

doesn't matter polio hasn't stopped this

1423

01:05:03,359 --> 01:05:00,369

vaccine hasn't stopped anything oh let's

1424

01:05:04,739 --> 01:05:03,369

just redefine what polio is now let me

1425

01:05:07,049 --> 01:05:04,749

make a point people were not getting

1426
01:05:08,519 --> 01:05:07,059
polio from the vaccine they were getting

1427
01:05:11,579 --> 01:05:08,529
polio because they had inordinate

1428
01:05:13,919 --> 01:05:11,589
exposures to radiation and chemicals

1429
01:05:16,139 --> 01:05:13,929
because this was the age the 50s when

1430
01:05:18,809 --> 01:05:16,149
they started remember I told you mothers

1431
01:05:21,419 --> 01:05:18,819
were actually shaking cans of DDT like

1432
01:05:23,879 --> 01:05:21,429
talcum powder onto children's sandwiches

1433
01:05:25,620 --> 01:05:23,889
they would have trucks driving through

1434
01:05:29,269 --> 01:05:25,630
the cities and going to the public pools

1435
01:05:31,709 --> 01:05:29,279
and just spraying the kids with DDT

1436
01:05:33,539 --> 01:05:31,719
so people were getting neurological

1437
01:05:35,370 --> 01:05:33,549
issues from all of these chemicals and

1438
01:05:38,099 --> 01:05:35,380

that's the first thing look what is the

1439

01:05:39,899 --> 01:05:38,109

nervous system it is the system of

1440

01:05:42,929 --> 01:05:39,909

information that goes through your body

1441

01:05:46,169 --> 01:05:42,939

and the information was coming out all

1442

01:05:47,789 --> 01:05:46,179

flawed myelin around the nerve sheaths

1443

01:05:50,459 --> 01:05:47,799

was being destroyed your body will

1444

01:05:52,709 --> 01:05:50,469

destroy its supporting structures or

1445

01:05:55,709 --> 01:05:52,719

allow them to become destroyed before it

1446

01:05:58,139 --> 01:05:55,719

allows the gold to become destroyed so

1447

01:06:02,059 --> 01:05:58,149

what do cell phones do that cause glioma

1448

01:06:05,849 --> 01:06:02,069

and schwannoma those are cancers of the

1449

01:06:08,189 --> 01:06:05,859

supporting structures - the materials at

1450

01:06:11,429 --> 01:06:08,199

the heart and the brain glioma is the

1451

01:06:13,620 --> 01:06:11,439

glue in which neurons sit so when those

1452

01:06:15,779 --> 01:06:13,630

structures start going they become

1453

01:06:18,569 --> 01:06:15,789

cancerous it means that that material

1454

01:06:20,219 --> 01:06:18,579

those tissues are energy deficient

1455

01:06:22,709 --> 01:06:20,229

because they're getting pummeled pummel

1456

01:06:27,299 --> 01:06:22,719

pummel with radiation and or chemicals

1457

01:06:30,179 --> 01:06:27,309

so the polio vaccine at the time they

1458

01:06:33,659 --> 01:06:30,189

dispensed you know doses of this salt

1459

01:06:35,309 --> 01:06:33,669

and Sabin vaccine to 400,000 American

1460

01:06:38,039 --> 01:06:35,319

children and people were still ending up

1461

01:06:41,789 --> 01:06:38,049

with paralysis and polio they renamed

1462

01:06:44,699 --> 01:06:41,799

polio they created a special paralytic

1463

01:06:46,949 --> 01:06:44,709

polio and in order to be counted as

1464

01:06:50,490 --> 01:06:46,959

someone who had polio it had to be

1465

01:06:53,900 --> 01:06:50,500

paralytic polio and you had to have

1466

01:06:57,300 --> 01:06:53,910

for six months so they just changed the

1467

01:06:58,920 --> 01:06:57,310

qualifying designation right and they

1468

01:07:00,900 --> 01:06:58,930

introduced a new disease I said oh we

1469

01:07:04,500 --> 01:07:00,910

got rid of polio look the numbers have

1470

01:07:06,690 --> 01:07:04,510

fallen but now we have meningitis it's

1471

01:07:08,700 --> 01:07:06,700

new we don't know where it came from and

1472

01:07:10,380 --> 01:07:08,710

today they're telling us we have all

1473

01:07:14,520 --> 01:07:10,390

these new diseases and it's because of

1474

01:07:18,000 --> 01:07:14,530

genetics hey Lou Gehrig's als muscular

1475

01:07:20,550 --> 01:07:18,010

dystrophy multiple sclerosis these are

1476

01:07:22,500 --> 01:07:20,560

all new modern diseases and they I

1477

01:07:24,870 --> 01:07:22,510

remember meeting my mother's magazines I

1478

01:07:27,690 --> 01:07:24,880

was a sort of precocious kid and I was

1479

01:07:31,349 --> 01:07:27,700

reading Ladies Home Journal Woman's Day

1480

01:07:36,060 --> 01:07:31,359

Family Circle McCall's when I was 10 11

1481

01:07:38,430 --> 01:07:36,070

years old and I would read that there

1482

01:07:41,310 --> 01:07:38,440

were new diseases and when you got to be

1483

01:07:44,820 --> 01:07:41,320

about 40 you had this new disease called

1484

01:07:47,640 --> 01:07:44,830

MS what was it nobody knew but what is

1485

01:07:52,530 --> 01:07:47,650

it it's in the polio family it's

1486

01:07:55,230 --> 01:07:52,540

eventually paralytic and you will get it

1487

01:07:58,650 --> 01:07:55,240

when you're advanced enough in age that

1488

01:08:00,540 --> 01:07:58,660

your cumulative load of toxicity whether

1489

01:08:03,089 --> 01:08:00,550

its chemical or radiation your body just

1490

01:08:05,520 --> 01:08:03,099

says I don't know what to do now I can't

1491

01:08:08,300 --> 01:08:05,530

fix these dying tissues so we're back to

1492

01:08:13,470 --> 01:08:08,310

sepsis and breakdown and degeneration

1493

01:08:16,559 --> 01:08:13,480

hmm then that is a lot of information I

1494

01:08:17,880 --> 01:08:16,569

mean you mentioned sprain and I'm a

1495

01:08:20,070 --> 01:08:17,890

little lucky because I think my parents

1496

01:08:21,749 --> 01:08:20,080

had a little bit of intuition in that

1497

01:08:24,150 --> 01:08:21,759

area cuz even in the 90s in my

1498

01:08:25,920 --> 01:08:24,160

neighborhood in st. Louis there would be

1499

01:08:27,599 --> 01:08:25,930

these bug sprayers that would come

1500

01:08:29,640 --> 01:08:27,609

through the neighborhood like a couple

1501

01:08:31,380 --> 01:08:29,650

times a week and my parents would always

1502

01:08:33,420 --> 01:08:31,390

be like look when you see that thing you

1503

01:08:34,769 --> 01:08:33,430

come inside but yet other kids in the

1504

01:08:36,390 --> 01:08:34,779

neighborhood I'd be playing with they're

1505

01:08:38,039 --> 01:08:36,400

like you know what's the big deal this

1506

01:08:40,709 --> 01:08:38,049

is just for mosquitoes and I'd be like

1507

01:08:42,900 --> 01:08:40,719

hey my parents said come inside so I

1508

01:08:44,400 --> 01:08:42,910

would but you mentioned meningitis also

1509

01:08:46,050 --> 01:08:44,410

that's something I had when I was three

1510

01:08:48,479 --> 01:08:46,060

that I'm deaf in the right ear now

1511

01:08:50,370 --> 01:08:48,489

because of that and I've always been

1512

01:08:52,499 --> 01:08:50,380

curious why I know you've looked into

1513

01:08:54,539 --> 01:08:52,509

there's multiple types of meningitis and

1514

01:08:57,180 --> 01:08:54,549

you've looked into one of them pretty

1515

01:08:59,849 --> 01:08:57,190

deeply but even in the vast documentary

1516

01:09:03,180 --> 01:08:59,859

that came out they said there was a

1517

01:09:04,200 --> 01:09:03,190

vaccine that seemed to be giving people

1518

01:09:06,090 --> 01:09:04,210

meningitis

1519

01:09:08,670 --> 01:09:06,100

that was big in Canada and once they

1520

01:09:11,519 --> 01:09:08,680

found out they offloaded it on

1521

01:09:14,220 --> 01:09:11,529

third-world countries but it's really

1522

01:09:15,720 --> 01:09:14,230

hard to figure out exactly what to do

1523

01:09:17,820 --> 01:09:15,730

everybody wants to be healthy and

1524

01:09:19,769 --> 01:09:17,830

realizes we need to eat better and make

1525

01:09:21,749 --> 01:09:19,779

sure our water is clean but it's just

1526

01:09:23,849 --> 01:09:21,759

harder and harder to do is there any

1527

01:09:25,680 --> 01:09:23,859

additional advice you could share in

1528

01:09:27,510 --> 01:09:25,690

terms of staying strong and healthy and

1529

01:09:31,620 --> 01:09:27,520

avoiding some of these problems that

1530

01:09:34,110 --> 01:09:31,630

maybe aren't so obvious Craig I can only

1531

01:09:36,660 --> 01:09:34,120

talk about myself because I'm not a

1532

01:09:40,920 --> 01:09:36,670

health care practitioner and you know

1533

01:09:43,890 --> 01:09:40,930

I'm 57 now and when I started taking

1534

01:09:46,349 --> 01:09:43,900

iodine I also noticed after six months

1535

01:09:50,309 --> 01:09:46,359

that the pain in my fingers and my

1536

01:09:52,530 --> 01:09:50,319

knuckles totally went away around 50 I

1537

01:09:53,970 --> 01:09:52,540

started I would have pain in my knuckles

1538

01:09:55,680 --> 01:09:53,980

during the night especially in the

1539

01:09:57,660 --> 01:09:55,690

winter and then during the day I'd be

1540

01:09:59,310 --> 01:09:57,670

sitting at the computer and working on

1541

01:10:02,640 --> 01:09:59,320

first one knuckle than the other massage

1542

01:10:04,560 --> 01:10:02,650

massage and I thought well this sucks

1543

01:10:06,150 --> 01:10:04,570

I'm just gonna end up with arthritis I'm

1544

01:10:06,570 --> 01:10:06,160

just gonna have to get ready for it what

1545

01:10:10,380 --> 01:10:06,580

can I do

1546

01:10:13,830 --> 01:10:10,390

and then iodine six months later my

1547

01:10:16,080 --> 01:10:13,840

hands are as flexible as rubber bands I

1548

01:10:18,690 --> 01:10:16,090

don't have any pain so all I can say

1549

01:10:21,420 --> 01:10:18,700

this my recommendation is start with the

1550

01:10:25,050 --> 01:10:21,430

basics natural salt iodine magnesium and

1551

01:10:28,140 --> 01:10:25,060

there is vitamin D sunlight get out in

1552

01:10:30,500 --> 01:10:28,150

the Sun stare at the blue sky open your

1553

01:10:33,720 --> 01:10:30,510

eyes don't use sunglasses all day

1554

01:10:35,910 --> 01:10:33,730

sunscreen I sell natural sunscreens on

1555

01:10:38,280 --> 01:10:35,920

my website if you must have them there

1556

01:10:39,720 --> 01:10:38,290

areas you know that can get rather rough

1557

01:10:42,479 --> 01:10:39,730

and burned like the bridge of your nose

1558

01:10:44,100 --> 01:10:42,489

the tips of your ears your need so

1559

01:10:46,800 --> 01:10:44,110

they're small areas on your body that

1560

01:10:50,040 --> 01:10:46,810

could use sunscreen but use sunscreens

1561

01:10:51,870 --> 01:10:50,050

that don't have you know SPF 50 this is

1562

01:10:53,070 --> 01:10:51,880

all marketing there's nothing higher

1563

01:10:56,070 --> 01:10:53,080

than SPF 30

1564

01:10:58,590 --> 01:10:56,080

zinc based your body loves zinc I have a

1565

01:11:00,090 --> 01:10:58,600

body wash that I sell which I use every

1566

01:11:02,729 --> 01:11:00,100

single day in the shower just a

1567

01:11:05,010 --> 01:11:02,739

quarter-sized put it on my forearms in

1568

01:11:07,020 --> 01:11:05,020

my chest in my face and it builds the

1569

01:11:09,150 --> 01:11:07,030

zinc into your skin and gives us bf

1570

01:11:10,560 --> 01:11:09,160

number two automatically every day you

1571

01:11:12,660 --> 01:11:10,570

don't have to put it on except in the

1572

01:11:14,910 --> 01:11:12,670

shower and I'm not trying to market

1573

01:11:16,709 --> 01:11:14,920

myself here I'm just saying look these

1574

01:11:17,169 --> 01:11:16,719

things helped me I'm offering them to

1575

01:11:19,899 --> 01:11:17,179

you

1576

01:11:22,929 --> 01:11:19,909

magnesium cream my total bestseller I

1577

01:11:26,100 --> 01:11:22,939

run out of it every two weeks put it on

1578

01:11:28,709 --> 01:11:26,110

a sore area your neck your whatever

1579

01:11:32,080 --> 01:11:28,719

arthritis your bad knee and what

1580

01:11:34,390 --> 01:11:32,090

magnesium relaxes tissues it opens up

1581

01:11:36,429 --> 01:11:34,400

those channels so now the information

1582

01:11:37,779 --> 01:11:36,439

process can do what it needs to do and

1583

01:11:39,609 --> 01:11:37,789

in one minute

1584

01:11:42,459 --> 01:11:39,619

it takes the pain away this is what I

1585

01:11:44,199 --> 01:11:42,469

discovered so there were so many ways

1586

01:11:46,089 --> 01:11:44,209

but they're so basic and they're so

1587

01:11:47,739 --> 01:11:46,099

cheap but no one tells you about them

1588

01:11:49,660 --> 01:11:47,749

because there's no money and iodine

1589

01:11:51,850 --> 01:11:49,670

there's no money and sunlight there's no

1590

01:11:55,689 --> 01:11:51,860

money in magnesium there's no money in

1591

01:11:57,339 --> 01:11:55,699

salt it is so fascinating I mean we have

1592

01:11:59,020 --> 01:11:57,349

been talking for a while we've gone a

1593

01:12:01,569 --> 01:11:59,030

little bit over time when we talked

1594

01:12:02,890 --> 01:12:01,579

about so much the only other thing I was

1595

01:12:05,560 --> 01:12:02,900

going to ask you about I know you've

1596

01:12:08,080 --> 01:12:05,570

been writing about the big club or just

1597

01:12:10,810 --> 01:12:08,090

the idea of secret societies and secret

1598

01:12:13,509 --> 01:12:10,820

organizations that kind of control

1599

01:12:15,879 --> 01:12:13,519

things from the top down and also how it

1600

01:12:17,830 --> 01:12:15,889

connects to pizza gate this most recent

1601
01:12:19,569 --> 01:12:17,840
scandal that the kind of thing that

1602
01:12:22,959 --> 01:12:19,579
conspiracy folks have been talking about

1603
01:12:23,620 --> 01:12:22,969
forever and it just is rarely exposed to

1604
01:12:25,449 --> 01:12:23,630
this degree

1605
01:12:28,209 --> 01:12:25,459
you also mentioned to me before we

1606
01:12:31,209 --> 01:12:28,219
started a guy Barry Soetoro who runs a

1607
01:12:32,770 --> 01:12:31,219
YouTube channel under that name and he

1608
01:12:35,290 --> 01:12:32,780
even predicted there would be this

1609
01:12:37,629 --> 01:12:35,300
shooter at one of the locations at Comic

1610
01:12:39,189 --> 01:12:37,639
ping-pong and I think just the fact that

1611
01:12:41,140 --> 01:12:39,199
this has happened and so many people are

1612
01:12:42,850 --> 01:12:41,150
buying into the mainstream story that oh

1613
01:12:45,250 --> 01:12:42,860

it's all fake news it's all fake news

1614

01:12:48,910 --> 01:12:45,260

now you have the shooter there which

1615

01:12:51,429 --> 01:12:48,920

just solidifies to the mainstream that

1616

01:12:52,899 --> 01:12:51,439

oh now these conspiracy folks are

1617

01:12:54,969 --> 01:12:52,909

actually dangerous because they're

1618

01:12:57,160 --> 01:12:54,979

radicalizing unstable people who are

1619

01:13:00,520 --> 01:12:57,170

going into businesses with guns now and

1620

01:13:03,100 --> 01:13:00,530

it really does work to demonize anyone

1621

01:13:04,989 --> 01:13:03,110

who's talking about pizza gate but just

1622

01:13:07,089 --> 01:13:04,999

because it is so fresh and so

1623

01:13:08,679 --> 01:13:07,099

interesting and so unique what are your

1624

01:13:11,560 --> 01:13:08,689

thoughts on this just before we close

1625

01:13:15,459 --> 01:13:11,570

out well you're gonna have me sitting

1626

01:13:18,129 --> 01:13:15,469

here for another hour at least oh I have

1627

01:13:20,500 --> 01:13:18,139

put some things up on my blog page and

1628

01:13:23,560 --> 01:13:20,510

the quick access my blog page is Sophia

1629

01:13:27,399 --> 01:13:23,570

small storm calm and at Sophia's with F

1630

01:13:29,300 --> 01:13:27,409

SOF ia so yeah he did predict Barry

1631

01:13:31,790 --> 01:13:29,310

Soetoro

1632

01:13:34,640 --> 01:13:31,800

he calls himself that they would show up

1633

01:13:36,650 --> 01:13:34,650

with a gunman and comment ping-pong and

1634

01:13:39,230 --> 01:13:36,660

he said I was nine days ahead of the CIA

1635

01:13:42,500 --> 01:13:39,240

and yeah that's what happened but I

1636

01:13:44,540 --> 01:13:42,510

think that you know the foundation of

1637

01:13:46,760 --> 01:13:44,550

fundaments of this pizza gate the

1638

01:13:50,870 --> 01:13:46,770

pedophilia this has been going on for a

1639

01:13:53,540 --> 01:13:50,880

very very very very long time and it's

1640

01:13:56,420 --> 01:13:53,550

very deep it runs deep it shoots

1641

01:13:59,330 --> 01:13:56,430

throughout the society from you know

1642

01:14:02,060 --> 01:13:59,340

there's garden-variety pedophilia and

1643

01:14:04,190 --> 01:14:02,070

most women will probably say they have

1644

01:14:06,470 --> 01:14:04,200

seen a flasher when they were a little

1645

01:14:09,020 --> 01:14:06,480

girl somebody flashed them that's pretty

1646

01:14:11,600 --> 01:14:09,030

mild compared to the ritual abuse that

1647

01:14:13,670 --> 01:14:11,610

these poor unfortunate children are

1648

01:14:16,100 --> 01:14:13,680

going through in this illegal children

1649

01:14:18,860 --> 01:14:16,110

trafficking market I shouldn't even say

1650

01:14:22,100 --> 01:14:18,870

illegal because such a weak term for it

1651

01:14:25,550 --> 01:14:22,110

but this you know horrific I have to

1652

01:14:27,560 --> 01:14:25,560

conclude that there is a diabolical I

1653

01:14:29,840 --> 01:14:27,570

never would have said this four or five

1654

01:14:32,210 --> 01:14:29,850

years ago that this is all totally so

1655

01:14:35,510 --> 01:14:32,220

tonight there's a satanic principle a

1656

01:14:38,180 --> 01:14:35,520

satanic indulgence going on and these

1657

01:14:41,000 --> 01:14:38,190

people somehow draw power from that and

1658

01:14:44,390 --> 01:14:41,010

what supplies them with the permission

1659

01:14:49,100 --> 01:14:44,400

Greg is what I call the Silence of the

1660

01:14:51,440 --> 01:14:49,110

Lambs so they have created some leaks of

1661

01:14:53,990 --> 01:14:51,450

their activities which haven't surprised

1662

01:14:56,240 --> 01:14:54,000

us although we who have been awake to

1663

01:15:01,430 --> 01:14:56,250

things for a while are probably very

1664

01:15:04,460 --> 01:15:01,440

shocked at the depth and and I don't

1665

01:15:08,510 --> 01:15:04,470

even know what to call it but the scope

1666

01:15:11,390 --> 01:15:08,520

and then the quality of this it's a it's

1667

01:15:13,550 --> 01:15:11,400

just indescribably bad it's worse than

1668

01:15:18,290 --> 01:15:13,560

most of us thought right mm-hmm

1669

01:15:20,690 --> 01:15:18,300

they know that your neighbors if you

1670

01:15:22,190 --> 01:15:20,700

went outside hey Google pizza gate they

1671

01:15:24,200 --> 01:15:22,200

wouldn't want to give you the time of

1672

01:15:25,490 --> 01:15:24,210

day where they might listen for a few

1673

01:15:26,750 --> 01:15:25,500

minutes and then they would say as

1674

01:15:28,730 --> 01:15:26,760

people have said to me well you know

1675

01:15:30,320 --> 01:15:28,740

what I don't have time for that that you

1676

01:15:31,580 --> 01:15:30,330

worry about that because you're really

1677

01:15:34,550 --> 01:15:31,590

good at worrying about stuff like that

1678

01:15:37,990 --> 01:15:34,560

so you worry about those kids and I will

1679

01:15:40,190 --> 01:15:38,000

worry about my kids and so that

1680

01:15:42,890 --> 01:15:40,200

constitutes

1681

01:15:45,140 --> 01:15:42,900

The Silence of the Lambs the lands are

1682

01:15:47,870 --> 01:15:45,150

not gonna bat an eye over this the lands

1683

01:15:49,880 --> 01:15:47,880

are gonna be what very much more

1684

01:15:51,650 --> 01:15:49,890

interested in accepting the you know

1685

01:15:53,510 --> 01:15:51,660

those online bullies they're creating

1686

01:15:55,600 --> 01:15:53,520

fake news because that's the path of

1687

01:15:59,510 --> 01:15:55,610

least resistance that enables them to

1688

01:16:01,120 --> 01:15:59,520

proceed with their you know consumption

1689

01:16:04,520 --> 01:16:01,130

based lives

1690

01:16:08,780 --> 01:16:04,530

narcissistic microworlds that they live

1691

01:16:12,470 --> 01:16:08,790

in and supply all of these deep

1692

01:16:16,910 --> 01:16:12,480

corporate underworld structures with the

1693

01:16:20,120 --> 01:16:16,920

money to continue to buy the earth up

1694

01:16:22,810 --> 01:16:20,130

from under our feet and our permission

1695

01:16:26,690 --> 01:16:22,820

in the form of Silence of the Lambs

1696

01:16:29,840 --> 01:16:26,700

gives them the right in their own karmic

1697

01:16:33,710 --> 01:16:29,850

I don't know understanding to continue

1698

01:16:35,510 --> 01:16:33,720

to do this mmm-hmm yeah it's dark for

1699

01:16:38,390 --> 01:16:35,520

sure and they're throwing out all this

1700

01:16:41,270 --> 01:16:38,400

stuff about fake news stories and it

1701

01:16:44,690 --> 01:16:41,280

just seems so obvious to me that this

1702

01:16:46,450 --> 01:16:44,700

would be damage control but it's clear

1703

01:16:49,070 --> 01:16:46,460

that they're having great success

1704

01:16:51,110 --> 01:16:49,080

turning the masses against the real

1705

01:16:53,210 --> 01:16:51,120

researchers on this subject of pizza

1706

01:16:55,640 --> 01:16:53,220

gate because I'm getting so many people

1707

01:16:57,470 --> 01:16:55,650

messaging me saying stop saying pizza

1708

01:17:00,440 --> 01:16:57,480

gate this has been debunked and I'm like

1709

01:17:02,630 --> 01:17:00,450

how can you you know spend a lot of time

1710

01:17:05,990 --> 01:17:02,640

listening to a show like this and not

1711

01:17:09,170 --> 01:17:06,000

see that this big mainstream attack on

1712

01:17:11,480 --> 01:17:09,180

fake news is clearly a reaction it's

1713

01:17:12,650 --> 01:17:11,490

like a damage control reaction and you

1714

01:17:15,380 --> 01:17:12,660

know I didn't want to open up a whole

1715

01:17:16,850 --> 01:17:15,390

can of worms writers were kind of

1716

01:17:18,620 --> 01:17:16,860

closing out this interview but it is

1717

01:17:20,540 --> 01:17:18,630

important and I want to keep drawing

1718

01:17:22,850 --> 01:17:20,550

attention to it before they sweep it

1719

01:17:24,560 --> 01:17:22,860

under the rug like they tend to do so I

1720

01:17:27,800 --> 01:17:24,570

thought it deserved at least a mention

1721

01:17:30,170 --> 01:17:27,810

but Sophia that does about do it for us

1722

01:17:31,970 --> 01:17:30,180

so enlightening thanks for all you do

1723

01:17:33,470 --> 01:17:31,980

where can the people follow up on your

1724

01:17:35,240 --> 01:17:33,480

work and even check out the items in

1725

01:17:38,810 --> 01:17:35,250

your store that might be helpful for

1726

01:17:42,830 --> 01:17:38,820

them people can go to my blog which I

1727

01:17:45,950 --> 01:17:42,840

update on a fairly regular basis Sophia

1728

01:17:48,230 --> 01:17:45,960

small storm comm and that's really a

1729

01:17:50,090 --> 01:17:48,240

link to about the sky which is a website

1730

01:17:52,430 --> 01:17:50,100

that I started a while ago but the most

1731

01:17:53,430 --> 01:17:52,440

active pages on it are the blog page and

1732

01:17:56,820 --> 01:17:53,440

the podcast

1733

01:17:59,729 --> 01:17:56,830

Paige I do my own podcasts they can be

1734

01:18:01,950 --> 01:17:59,739

found on YouTube as well not every one

1735

01:18:05,370 --> 01:18:01,960

of them is on YouTube but my store is

1736

01:18:09,150 --> 01:18:05,380

Avatar products like Avatar the movie a

1737

01:18:11,280 --> 01:18:09,160

DAT AR products.com and there I share

1738

01:18:13,500 --> 01:18:11,290

things that have worked for me and I'm

1739

01:18:18,270 --> 01:18:13,510

gonna tell you this if there's a lotion

1740

01:18:21,330 --> 01:18:18,280

or a cream or a soap or whatever on my

1741

01:18:23,850 --> 01:18:21,340

website it's because it's the best I've

1742

01:18:25,920 --> 01:18:23,860

ever found and used I don't have stuff

1743

01:18:28,560 --> 01:18:25,930

up there that's mediocre and in the

1744

01:18:30,990 --> 01:18:28,570

world of soap ocean etc there's a lot of

1745

01:18:33,390 --> 01:18:31,000

choices people have so if I put anything

1746

01:18:35,700 --> 01:18:33,400

in my store I got three kinds of iodine

1747

01:18:39,090 --> 01:18:35,710

several different varieties of magnesium

1748

01:18:41,970 --> 01:18:39,100

by the way folks magnesium is magnesium

1749

01:18:43,800 --> 01:18:41,980

chloride is antimicrobial remember those

1750

01:18:47,100 --> 01:18:43,810

little Detroit of our organisms that

1751

01:18:50,130 --> 01:18:47,110

live in your armpits and it chases away

1752

01:18:52,740 --> 01:18:50,140

odor causing bacteria so it becomes a

1753

01:18:56,280 --> 01:18:52,750

very effective very inexpensive very

1754

01:18:59,459 --> 01:18:56,290

safe very scent free stain free

1755

01:19:02,790 --> 01:18:59,469

deodorant and it's sold in my online

1756

01:19:05,340 --> 01:19:02,800

store and it changes the biome in your

1757

01:19:07,709 --> 01:19:05,350

armpit so it chases those odor causing

1758

01:19:10,500 --> 01:19:07,719

bacteria away you can actually skip a

1759

01:19:12,900 --> 01:19:10,510

date so they says this is the kind of

1760

01:19:15,450 --> 01:19:12,910

stuff I learned this through chatting

1761

01:19:17,760 --> 01:19:15,460

with biochemists who make these products

1762

01:19:19,860 --> 01:19:17,770

I've innovated a few products I've made

1763

01:19:22,410 --> 01:19:19,870

some requests can you put this in a

1764

01:19:24,150 --> 01:19:22,420

roll-on for me to sell as deodorant and

1765

01:19:27,660 --> 01:19:24,160

that's why a lot of those products are

1766

01:19:29,040 --> 01:19:27,670

on my website and it's my pleasure to

1767

01:19:31,200 --> 01:19:29,050

share them with you I also give

1768

01:19:33,780 --> 01:19:31,210

literature when I send them to you so

1769

01:19:38,010 --> 01:19:33,790

you can read up and get some more

1770

01:19:40,830 --> 01:19:38,020

information and I'm here to support all

1771

01:19:43,050 --> 01:19:40,840

of you in my discoveries with my

1772

01:19:45,030 --> 01:19:43,060

discoveries so it's my pleasure to do

1773

01:19:47,420 --> 01:19:45,040

this interview with you Greg you're very

1774

01:19:50,550 --> 01:19:47,430

bright you're a great interviewer and

1775

01:19:55,820 --> 01:19:50,560

thank you so much for being here in San

1776

01:19:58,320 --> 01:19:55,830

Diego and adding to the knowledgebase

1777

01:20:01,620 --> 01:19:58,330

you got it thank you so much you're just

1778

01:20:04,220 --> 01:20:01,630

too kind but powerful stuff you are

1779

01:20:07,080 --> 01:20:04,230

doing great work it's definitely

1780

01:20:08,400 --> 01:20:07,090

important and just having the store

1781

01:20:11,220 --> 01:20:08,410

were there for people to be able to

1782

01:20:14,400 --> 01:20:11,230

actually get real tangible items from

1783

01:20:17,460 --> 01:20:14,410

someone that they can trust is a great

1784

01:20:19,220 --> 01:20:17,470

resource so keep digging for sure and

1785

01:20:21,990 --> 01:20:19,230

hopefully we can do this again sometime

1786

01:20:25,200 --> 01:20:22,000

of course Gregg and we'll just throw in

1787

01:20:28,410 --> 01:20:25,210

one more thing I do create every month a

1788

01:20:30,120 --> 01:20:28,420

newsletter which goes by snail mail so

1789

01:20:33,180 --> 01:20:30,130

you can snuggle up with a little dog

1790

01:20:35,340 --> 01:20:33,190

biscuit on the fireplace rug and read it

1791

01:20:39,120 --> 01:20:35,350

and that is available by subscription

1792

01:20:43,290 --> 01:20:39,130

and that's my way of collating and Co

1793

01:20:48,630 --> 01:20:43,300

hearing my rabbit hole adventures into

1794

01:20:50,820 --> 01:20:48,640

one you know kind of like contained form

1795

01:20:52,440 --> 01:20:50,830

every month so a lot of people who get

1796

01:20:55,410 --> 01:20:52,450

the newsletter have stayed with me since

1797

01:20:57,630 --> 01:20:55,420

2010 when I started it so you can find

1798

01:20:59,340 --> 01:20:57,640

that there's a little place to click on

1799

01:21:02,010 --> 01:20:59,350

my website that tells you how to order

1800

01:21:03,570 --> 01:21:02,020

it you can read samples okay so thank

1801

01:21:06,990 --> 01:21:03,580

you thank you so much

1802

01:21:10,020 --> 01:21:07,000

you got it thank you all right people

1803

01:21:11,580 --> 01:21:10,030

Sophie a small storm I really do like

1804

01:21:13,650 --> 01:21:11,590

her work she's someone who's always

1805

01:21:15,450 --> 01:21:13,660

digging into new stuff I love hearing

1806

01:21:17,130 --> 01:21:15,460

about the alternative side when it comes

1807

01:21:18,750 --> 01:21:17,140

to medicine and health as well

1808

01:21:20,520 --> 01:21:18,760

I just think knowing how much

1809

01:21:23,460 --> 01:21:20,530

manipulation there's been in the medical

1810

01:21:25,620 --> 01:21:23,470

field by Rockefeller Industries it makes

1811

01:21:28,470 --> 01:21:25,630

everything suspect the vaccine agenda

1812

01:21:30,840 --> 01:21:28,480

the role of antibiotics and today we're

1813

01:21:31,890 --> 01:21:30,850

looking into germ theory itself I don't

1814

01:21:33,660 --> 01:21:31,900

know what to think about a lot of this

1815

01:21:35,850 --> 01:21:33,670

stuff because we have had guys like Edie

1816

01:21:37,380 --> 01:21:35,860

Haslam in his book dr. Mary's monkey

1817

01:21:39,270 --> 01:21:37,390

making a great case that the polio

1818

01:21:40,920 --> 01:21:39,280

vaccine is largely responsible for the

1819

01:21:43,740 --> 01:21:40,930

cancer epidemic due to the contamination

1820

01:21:45,840 --> 01:21:43,750

of the sv40 virus and then we have

1821

01:21:48,450 --> 01:21:45,850

Sophia doing a lot of research into

1822

01:21:50,970 --> 01:21:48,460

doctors who have said no the entire germ

1823

01:21:53,190 --> 01:21:50,980

theory is wrong there are no viruses as

1824

01:21:56,070 --> 01:21:53,200

we think of them if you remember talking

1825

01:21:58,680 --> 01:21:56,080

to Patrick Jordan I mean he seemed very

1826

01:22:00,620 --> 01:21:58,690

much in line with that idea and it's a

1827

01:22:03,480 --> 01:22:00,630

big bold statement it takes a lot of

1828

01:22:05,700 --> 01:22:03,490

context to explain I hope we've made at

1829

01:22:07,980 --> 01:22:05,710

least a fairly clear introductory case

1830

01:22:10,020 --> 01:22:07,990

for the position and we talked a lot

1831

01:22:12,210 --> 01:22:10,030

about what viruses aren't and what they

1832

01:22:14,820 --> 01:22:12,220

don't do we didn't really get to break

1833

01:22:16,860 --> 01:22:14,830

down what they are clearly people in

1834

01:22:17,880 --> 01:22:16,870

biology labs are looking at something in

1835

01:22:20,940 --> 01:22:17,890

those test tubes

1836

01:22:23,250 --> 01:22:20,950

I asked Sophia in an email what virus

1837

01:22:26,430 --> 01:22:23,260

actually our and she said it is a lot to

1838

01:22:29,550 --> 01:22:26,440

unpack but the salient point is that

1839

01:22:31,290 --> 01:22:29,560

viruses don't cause disease and of

1840

01:22:32,670 --> 01:22:31,300

course you can follow Sophia's work if

1841

01:22:34,470 --> 01:22:32,680

you want to get deeper into that or

1842

01:22:36,480 --> 01:22:34,480

follow some of the information that she

1843

01:22:38,610 --> 01:22:36,490

laid out and this is one of those

1844

01:22:40,890 --> 01:22:38,620

episodes at the higher side chats where

1845

01:22:43,410 --> 01:22:40,900

the first and second hour are quite

1846

01:22:45,270 --> 01:22:43,420

different in the first hour we tried to

1847

01:22:49,350 --> 01:22:45,280

talk about this push into biological

1848

01:22:51,300 --> 01:22:49,360

darkness sepsis and the dismantling of

1849

01:22:54,270 --> 01:22:51,310

germ theory of course but in the second

1850

01:22:56,220 --> 01:22:54,280

hour we focused on the examination of a

1851

01:22:58,830 --> 01:22:56,230

widespread eugenics campaign in a

1852

01:23:01,800 --> 01:22:58,840

process of slowly altering biology

1853

01:23:03,510 --> 01:23:01,810

itself which I find to be really

1854

01:23:06,300 --> 01:23:03,520

interesting a lot of this stuff of

1855

01:23:07,830 --> 01:23:06,310

course is rooted in Nazi programs going

1856

01:23:09,150 --> 01:23:07,840

on in world war two and then we brought

1857

01:23:12,720 --> 01:23:09,160

these people into the American machine

1858

01:23:15,030 --> 01:23:12,730

and then we get MK ULTRA MK often and

1859

01:23:17,550 --> 01:23:15,040

the experiments of the 50s and 60s and

1860

01:23:20,520 --> 01:23:17,560

who really knows how these programs have

1861

01:23:24,450 --> 01:23:20,530

changed and spread since then or just

1862

01:23:26,640 --> 01:23:24,460

since 9/11 in the 2000s there is a nexus

1863

01:23:29,070 --> 01:23:26,650

of elite players and corporate fronts at

1864

01:23:31,830 --> 01:23:29,080

the heart of almost every industry and

1865

01:23:33,900 --> 01:23:31,840

every agenda and I thought the symbolism

1866

01:23:35,850 --> 01:23:33,910

around the Apple building and the use of

1867

01:23:37,740 --> 01:23:35,860

the name Artemis were some pretty

1868

01:23:39,390 --> 01:23:37,750

interesting threads and if you want to

1869

01:23:41,070 --> 01:23:39,400

go down those rabbit holes sign up for

1870

01:23:44,430 --> 01:23:41,080

plus you can go to the higher side chats

1871

01:23:45,990 --> 01:23:44,440

comm and get a free 7-day trial or you

1872

01:23:47,430 --> 01:23:46,000

can just sign up like a boss for five

1873

01:23:50,370 --> 01:23:47,440

bucks a month at the higher side chats

1874

01:23:52,440 --> 01:23:50,380

plus comm support the show make me a

1875

01:23:55,110 --> 01:23:52,450

happy kid this Christmas you know you

1876

01:23:57,090 --> 01:23:55,120

love THC just treat yourself to a pretty

1877

01:24:00,270 --> 01:23:57,100

cheap gift and make me happy at the same

1878

01:24:03,180 --> 01:24:00,280

time also in this episode we get deep

1879

01:24:05,340 --> 01:24:03,190

into the Morgellons condition two people

1880

01:24:07,320 --> 01:24:05,350

pulling out fibers stamped with logos

1881

01:24:08,010 --> 01:24:07,330

and strange insect looking things out of

1882

01:24:10,740 --> 01:24:08,020

their skin

1883

01:24:12,540 --> 01:24:10,750

it's a rare small thing now but is it

1884

01:24:15,090 --> 01:24:12,550

gonna start spreading like autism has

1885

01:24:17,100 --> 01:24:15,100

maybe it's an invasion completely

1886

01:24:18,870 --> 01:24:17,110

independent from the elite but it is

1887

01:24:21,390 --> 01:24:18,880

weird as hell and I was glad we got to

1888

01:24:23,040 --> 01:24:21,400

spend some time on that too of course if

1889

01:24:24,810 --> 01:24:23,050

you're still looking for Christmas gifts

1890

01:24:26,760 --> 01:24:24,820

the higher side clothing is in full

1891

01:24:29,340 --> 01:24:26,770

swing at the higher side clothing calm

1892

01:24:31,440 --> 01:24:29,350

the designs are on another level we

1893

01:24:33,930 --> 01:24:31,450

didn't just slap a word like powerful on

1894

01:24:34,839 --> 01:24:33,940

a hoodie a lot of thought and artistic

1895

01:24:36,939 --> 01:24:34,849

juice went into

1896

01:24:39,159 --> 01:24:36,949

creating some of this stuff a little kid

1897

01:24:40,810 --> 01:24:39,169

said my hypnotist Mickey Mouse shirt was

1898

01:24:44,469 --> 01:24:40,820

really cool the other day and I was like

1899

01:24:45,849 --> 01:24:44,479

yeah you're right it is and this just

1900

01:24:47,679 --> 01:24:45,859

isn't some shirt I'm wearing and this is

1901

01:24:49,629 --> 01:24:47,689

my company and if you navigate your

1902

01:24:51,369 --> 01:24:49,639

youth carefully and avoid being sucked

1903

01:24:54,219 --> 01:24:51,379

into groupthink and mediocrity you could

1904

01:24:55,689 --> 01:24:54,229

have your own company to kit people

1905

01:24:58,089 --> 01:24:55,699

thanks for listening the rest of

1906

01:25:00,549 --> 01:24:58,099

December is going to be quite great we

1907

01:25:02,919 --> 01:25:00,559

got Sylvia Ivanova we got Peter Levin de

1908

01:25:05,560 --> 01:25:02,929

we got Pepe and Keck it's gonna be a

1909

01:25:08,799 --> 01:25:05,570

solid roster of shows that you're gonna

1910

01:25:09,669 --> 01:25:08,809

want to hear two hours of I promise but

1911

01:25:12,279 --> 01:25:09,679

that's it for me today

1912

01:25:14,500 --> 01:25:12,289

your move Morgellons makers techno

1913

01:25:27,509 --> 01:25:14,510

eugenics engineers and sepsis cycle

1914

01:25:27,519 --> 01:25:33,590

attached to my strength control

1915

01:25:46,050 --> 01:25:40,320

everything a 95 I strive still yeah now

1916

01:25:48,140 --> 01:25:46,060

don't that job seemed silly hello can

1917

01:25:52,110 --> 01:25:48,150

you hear me

1918

01:25:55,830 --> 01:25:52,120

should I play rap recordings

1919

01:25:56,840 --> 01:25:55,840

I'm some spy agency which we were

1920

01:26:00,280 --> 01:25:56,850

younger

1921

01:26:04,790 --> 01:26:00,290

[Music]

1922

01:26:07,550 --> 01:26:04,800

I'll be thankful when I'll expose the

1923

01:26:24,290 --> 01:26:07,560

vast conspiracy there's such a

1924

01:26:47,150 --> 01:26:29,930

[Music]

1925

01:26:54,280 --> 01:26:48,810

[Applause]

1926

01:27:21,010 --> 01:27:03,510

[Music]

1927

01:27:25,060 --> 01:27:21,020

oh no they're cartoons and so typical of

1928

01:27:33,569 --> 01:27:25,070

me to talk about that stuff I'm sorry

1929

01:27:37,780 --> 01:27:33,579

that's good and well did you ever hear

1930

01:27:46,000 --> 01:27:37,790

argument the nothing really happens it's

1931

01:28:05,800 --> 01:27:46,010

no secret the states it's done

1932

01:29:03,080 --> 01:28:30,759

[Music]

1933

01:29:07,760 --> 01:29:03,090

[Applause]

1934

01:29:23,110 --> 01:29:08,990

there

1935

01:30:02,700 --> 01:30:00,050

[Music]

1936

01:30:04,920 --> 01:30:02,710

my my good people of the internet it

1937

01:30:06,720 --> 01:30:04,930

looks like christmas is finally here and

1938

01:30:08,760 --> 01:30:06,730

i got some of my guests here to help me

1939

01:30:11,400 --> 01:30:08,770

help you spread a little holiday love

1940

01:30:13,410 --> 01:30:11,410

and good luck oh well I know you're a

1941

01:30:14,970 --> 01:30:13,420

tire suggest we couldn't be more giddy

1942

01:30:16,860 --> 01:30:14,980

about it and why not celebrate the

1943

01:30:19,230 --> 01:30:16,870

corporate driven season of spending with

1944

01:30:20,820 --> 01:30:19,240

a gift that oh so ironically spits right

1945

01:30:22,650 --> 01:30:20,830

in the face of the Christmas machine

1946

01:30:24,690 --> 01:30:22,660

with the sweet sweet softness of a

1947

01:30:26,100 --> 01:30:24,700

t-shirt for the rebellious fashionista

1948

01:30:28,920 --> 01:30:26,110

in your life for my little clothing

1949

01:30:31,260 --> 01:30:28,930

brand / conspiracies net this is one of

1950

01:30:32,280 --> 01:30:31,270

the most degrading things that anyone

1951

01:30:35,100 --> 01:30:32,290

could possibly do

1952

01:30:36,570 --> 01:30:35,110

thanks for even or better yet give them

1953

01:30:38,850 --> 01:30:36,580

the gift that gives all year long with

1954

01:30:41,040 --> 01:30:38,860

the subscription to THC plus for one of

1955

01:30:42,780 --> 01:30:41,050

your oh so precious friends and family I

1956

01:30:47,430 --> 01:30:42,790

know that's what Jim Marrs is doing

1957

01:30:49,230 --> 01:30:47,440

right man well guys this is not

1958

01:30:52,680 --> 01:30:49,240

constructive Duncan Trussell help me out

1959

01:30:54,750 --> 01:30:52,690

here if I were safe the first idea I'd

1960

01:30:56,550 --> 01:30:54,760

want to implant into their heads okay

1961

01:30:59,160 --> 01:30:56,560

that's not what I had in mind either but

1962

01:31:01,230 --> 01:30:59,170

if you know someone who enjoys THC just

1963

01:31:02,760 --> 01:31:01,240

go to the higher side shots plus calm

1964

01:31:04,110 --> 01:31:02,770

with any credit or debit card and

1965

01:31:05,970 --> 01:31:04,120

putting the email address and

1966

01:31:07,740 --> 01:31:05,980

information for that special someone in

1967

01:31:10,080 --> 01:31:07,750

your life rather than yourself I know I

1968

01:31:12,180 --> 01:31:10,090

and all the great guests on THC would

1969

01:31:15,060 --> 01:31:12,190

really appreciate it we don't want to

1970

01:31:17,550 --> 01:31:15,070

kill anybody who hurt anybody we will

1971

01:31:19,140 --> 01:31:17,560

make a system Network shock I think that

1972

01:31:21,450 --> 01:31:19,150

approach is actually illegal let's not

1973

01:31:22,560 --> 01:31:21,460

do that it was a great idea but it

1974

01:31:24,960 --> 01:31:22,570

doesn't go far enough

1975

01:31:27,780 --> 01:31:24,970

no man it went too far but guys all I'm

1976

01:31:29,910 --> 01:31:27,790

saying is a year or six months the THC

1977

01:31:31,470 --> 01:31:29,920

plus makes a great gift believe me I

1978

01:31:35,220 --> 01:31:31,480

just signed douglas dietrich up for a

1979

01:31:39,390 --> 01:31:35,230

year and he couldn't be happier i love

1980

01:31:41,100 --> 01:31:39,400

you dearly because honestly you flatter

1981

01:31:43,380 --> 01:31:41,110

me too much if you were a member of the

1982

01:31:44,100 --> 01:31:43,390

opposite sex i would propose see what i

1983

01:31:45,840 --> 01:31:44,110

tell you